

# Rogue Valley

A social emagazine for residents of the Rogue Valley

# Living



Meet the Zaninellis

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# A WORD FROM the Editor

In this issue, meet Edward and Geri Zaninelli, who have one of the most gorgeous homes and yards in Medford. Take a trek with Ashland resident Barbara Tricarico to Rwanda and Uganda, and rustle up some hearty Chile Rellenos with Mary Ann Daniel. Plus you'll read about a ton of other residents and local happenings.

If you would like to be featured in one of our 40 topics, we encourage you to reach out. Whether it's a skill, a recipe, a trip, or imparting knowledge on a topic, email it to [editor@roguevalleylivingmag.com](mailto:editor@roguevalleylivingmag.com).

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*Linda*



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STAFF PHOTOGRAPHER



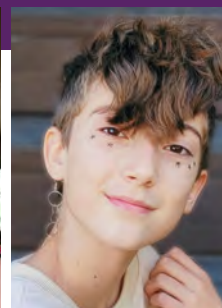
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STAFF WRITER



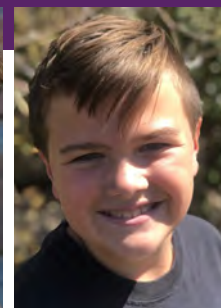
**Linda Lochard**  
STAFF WRITER



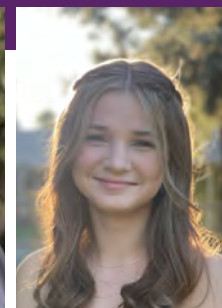
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MIDDLE SCHOOL JR. REPORTER



**Seanna Nelson**  
HIGH SCHOOL JR. REPORTER

## FAMILY

## Spotlight



## *Introducing the Zaninelli Family*

Geri and Edward Zaninelli live with their silver Lab, Colby on West Griffin Creek Road in Medford. Geri is originally from Colorado, while Ed has lived in New Jersey, NYC, and California. Geri graduated from 2 ATT college certificates programs. Career Counseling and Project Development. She is now retired from ATT and was one of the first females trained in Pole climbing and certified for installation and repair services. Edward graduated from Moravian University in Bethlehem, PA and was in the container shipping industry for over 50 years to the executive level. p

Home is their main park and hang out. (You'll see why in the Home of the Month and Yard of the Month features!) They also love camping in Florence, Lake of the Woods, and Brookings in their motor home. Abroad, their favorite destinations are Italy, Ireland and Scotland.

Favorite restaurants include "Orchard Garden in Medford. We go to Bella Union Gogi's in Jacksonville. Ashland has Larks and the Brickroom which are great." But at home, it's all about the "Italian food. I make a great family sauce. Best Meatballs on the West Coast. Italian Dinners, Making pizza in our wood oven with wine, lots of family and friends, wine, joining us for the holidays. Covid really slowed the gathering but we are back into the routine again. Did I say Wine?"

For relaxation, "Golf for me is my get away time. Waiting on the weather which is just getting good. After completing all our projects we will focus more on camping and a trip to Italy this summer. Geri loves working in the gardens and on our many plants and trees. With no grass to worry about we can focus on that. And just sitting in the outlook or the front porch is a great time for us. With Wine of course. Ed loves rock music but often has to turn down the volume. Mostly we both like a mix of styles and we do love to listen to the Valley FM and their very rich mix of all music."



SPrivate entrance to the wine cellar



"For Ed, *The Last of the Mohicans* is the top choice. Another old movie he loves is *Captains Courageous*. But we don't watch any weekly shows anymore. Movies and streaming along with the News is our major focus. We like to be out and about during the good weather rather than sitting. Geri likes the dramas and Westerns so we have a lot to look for."tr

They also root for the Yankees, 49ers, Warriors, and Kansas City Chiefs. th

There are "4 Grandchildren on my side. My two boys have two children each. Mitch with Oona have Ruthie and Myer. They live in Maine. Ruthie is 12 and Myer is 9. Great kids doing all the kid stuff. Todd with Jess has two boys. Peter goes to college next year at Delaware Uni. Really into Lacrosse and getting together with the huge group of friends they all share. Tommy, his brother, also plays Lacrosse and is going to be sophomore. They all live on the East Coast which is a challenge to see them but in today's world we have lots of shared time. Geri has one son and a grandson all doing very well in California. Both are in construction and at high levels of management." When asked, "What do you do to relax? Ed says, "Golf for me is my get away time. Waiting on the weather which is just getting good. After living in the neighborhood for 12 years, they said, "First of all being outside of town has been important to us. It is not good to see the parks and open Area of Medford being destroyed by people that do not belong there. The management of the situation has been very poorly managed by the leaders in town.

Talking about the better side of things we have wineries around the corner, the coast is only two hours away and the beautiful mountains like Crater Lake and more that are easy to reach. After Ed's work life ended we enjoy staying home more. Ed did more than 3 million miles of flying during his career and staying home is not a bad thing when you really love home. Retirement really is fun if you can share it and enjoy what life has for you."

# NEIGHBORHOOD Announcements

## Engaged:

Cariann Mecham is engaged to Brian Gebhard



Lencin Carnighan and Adrienne Reynolds of Ashland are engaged!



*In the wilds of a small, idyllic town, there lives a girl, who is obsessed with cats, displays slight psychotic tendencies, spreads kindness, has an affinity for pickles, and has never heard a fart joke that wasn't funny.....you can hear her from a mile away, for her superpower is a loud, obnoxious personality, that drives away danger, and most sane people.....*

*She was a happy girl, procuring her varied cat collection, raising her two boogery boys, and spending her days gardening in her living room, uncaring that soil permeates into carpet; blissfully ignorant to cleanliness and organization....*

*All that changed the day a Handsome Purrince, sauntered into her life. That chance encounter repeated over the course of a few months, until The Girl decided to adopt this wandering stray, and dubbed him, her Gentleman Caller....*

*Now, The Girl had to camouflage her love of farts, pickles and cats, until she was sure she had captivated this Handsome Nobleman; securely entrancing him with her Siren Spell....*

*6.5 years later, The Girl will finally get to Marry this Most Amazing of Men. Her anchor, soulmate, and love of her life.....no longer does The Girl have to hold in tummy bubbles, or hide cats in the bathroom....*

*With a couple doses of Beano, some lint rollers, and practicing her organizational and cleaning skills, This Man of Men has decided to make her, His Wife....*

*Words cannot express the incredible adoration, love, and respect I have for The Fiancé. (Lencin) Also, im really good at cleaning now, oh, and saying "excuse me...."*



## JaNeal Shattuck

Reward of \$1000 dollars for the return of Rocker. 2 year old male lilac and tan French bull dog. Green collar and black harness. He has a white scar in his right eye.

Missing off Water Gap and Dreamhill Drive in Williams.



*Expecting: Mikaley Vevera and Zerimar Adrian are having another boy!*





## Passed:

Nikki Lynn (Fisher) Carter was born on August 16, 1971, at Rogue Valley Memorial Hospital in Medford, Oregon. She went to Heaven on Easter Sunday, April 9, 2023 around 8:40 in the evening.

Nikki was raised in Eagle Point, Oregon and attended elementary school and high school there, graduating from Eagle Point High in 1989. On July 30, 1994, in Shady Cove, Oregon, Nikki married Antonio Cornell Carter. They had a son, Dominik Latrell Carter, who survives. The couple later divorced.

Nikki was an active 4-H member in Jackson County throughout her childhood and teens, belonging to the Antelope Sheep Club and the Butte Basin Beef Club. She showed sheep and steers at both the local and state levels, winning numerous trophies and ribbons in market classes and in showmanship. She raised the Grand Champion Steer in Jackson County in 1987.

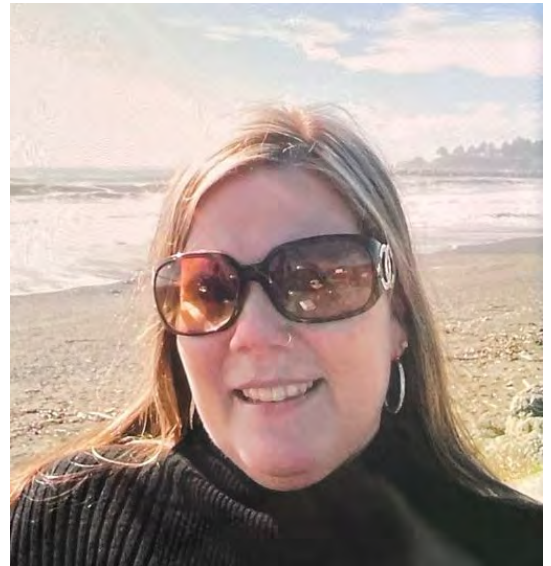
She loved traveling and took a number of cruises to the Mexican Riviera and the Caribbean. She made several friends online, playing dominoes and other games, and she enjoyed casino games. In earlier years, she liked riding her bicycle and her Honda 50; swimming in her family's pool; riding her horse, Booger, and going to movies with her mom. Of late, "Dad and Daughter Days" were very special to Nikki, when John would pick up lunch and take it to her home and eat with her and visit while Shannon was bowling.

The light of Nikki's life was her son Dominik, and he survives her, along with his fiancé Allyson Heigl, and their daughter Avery Wren Carter. Also surviving are Nikki's parents, John William Fisher and Shannon Gayle (Matthews) Fisher, her elder sister, Shanna Gayle (Fisher) Lobster, nieces Keyana Lynn and Keysha Michele Lobster, an uncle, and several cousins. She leaves behind her long-time best friends, Yvette Poole Wallace and Laurie Harding Wells.

She was preceded in death by her grandparents William Henry Fisher and Judith Elisabeth (Nänsen) Fisher, her grandfather, Quinton Roosevelt Matthews (whose family was early settlers in the Eagle Point area), and grandparents Betty Ellen (Morris) Howell and Walter Johnnie Howell.

A private graveside service honoring Nikki was held on Thursday, April 20, at Siskiyou Memorial Park in Medford, Oregon. Perl Funeral Home handled the arrangements.

In Nikki's memory, the family suggests a donation to David's Chair Outdoor Mobility Systems, 185 Eastern Street, Suite 400, White City, OR 97503, or to a charity of your choice.





Jason Lee Swindler, a son, father, grandfather, cousin, nephew and friend was born at 12:53 AM on January 19, 1970 and passed away on February 22, 2023 at the age of 53. He was a precious little guy dearly loved and taken care of by his loving mother Melody and doting grandparents Romain and Wanda Peets and Jim and Doris Swindler. Melody, being a single 18-year-old mother, would never have made it without them. His Uncle Scott, who he loved, was like an older brother who loved to tease on him when he was a tot. Jason always had loving memories of those times. 'He loved playing and being around his cousins, Rachel and Nathan and spent alot of time at Aunt Sues house when he was growing up.

Jason was a thoughtful and caring little boy. He literally wouldn't kill a fly, or a spider, and I wasn't allowed either. He would catch whatever it was and put it outside. He loved all life and everything in it, was always a joy to be around, always loving and caring for everyone and everything around him.

He met his wonderful wife Nicki in 1985 and brought into our family the cutest, happiest guy in the whole world, 8-month-old Charles, who he eventually legally adopted. They both brought joy to Jason and our whole family. Jason and Nicki were married in 1991 and then welcomed their second son James in 1994 and their beautiful daughter Johnna in 2000. Jason loved his family dearly. He was very involved in the lives of his children, and their friends. the living room to referee wrestling matches for the boys.

He was a playful dad and wasn't afraid to get down to their level, from conducting nighttime backyard operations, to removing furniture out of the living room to referee wrestling matches for the boys. He loved barbecuing and going yearly to Jedidiah for camping and hiking in the Redwoods and water fun at the Smith River with his family. He never got to be the grandfather he wanted to be to Abel, Ella, Olive, Daisy, Pippa and Luca, but he loved them all very much. He was a wonderful and loving uncle to his little sister 'Pootsies', which he lovingly called his sister Sarah, children Savannah, Jackson, Deacon and Wyatt and a dear best friend to Shiloh Schalk, who always stood by him. Jason loved them all dearly and is sorely missed by them all. 1

Jason also enjoyed spending time with his father Gary and his step-mom Annette, along with the kids, camping at Diamond Lake and Union Creek, as well as spending time with them at their home in the Eugene area.

Jason loved sports and loved to coach. He loved kids and he loved encouraging them to be the best they could be. He played sports when he was young but when he was 12 he had a coach who belittled him and he never played as a youth again, no matter how much he was encouraged. As an adult he was involved in YMCA sports for 10 years, volunteering as a flag football coach. He also played in various football leagues throughout the Rogue Valley. He was always involved in his childrens activities and was a great encourager to them.

In 1992 Dick Outfleet took him under his wing and taught him the master craft of brick and stone masonry. Jason really loved creating custom stonework which is featured in homes and businesses throughout the Rogue Valley. Jason was also an artist, having his Native American artwork featured in Art and Soul Gallery in Ashland in the late 1990's. He was meticulous in his beadwork, his paintings and anything else he put his hands to.

Jason attended RCC from 2008 to 2010 and Corban University from 2020 to 2022. He loved learning, reading and was a prolific writer. He loved music and he made me promise that he could have my Beatles collection, actually my whole album collection, when I left this earthly realm. He was learning the guitar, keyboard and drums when he passed, drumming in a few local circles, which he loved to do.

He was a wonderful presence in our family and his passing has been devastating to us all.

He was preceded in death by Grandpa Romain, Grandpa Jim, Grandma Doris, Aunt Sue (who was crazy about her nephew) and Uncle Artie, who he never got to meet.

In lieu of flowers please give to Paid in Full, an extension of Corban University at OSCI, which provides 4 year college degrees to long term prisoners at OSCI so that they can be mentors to the men and women who are short term incarcerated that will help give them a fighting chance upon their release.

His memorial was on April 22nd, Saturday, at Rogue Valley Fellowship at 1 PM, located at 648 S Ivy Street, Medford, OR 97501,

# Bellevue Capital Group



## A NEW APPROACH

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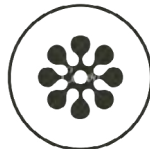
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## CONTACT

Shawn Carter

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Shawn@bellevuecapitalgroup.com

# Sweet BABIES

My, how they grow! Catching back up with Theodore Buckalew, now 5 months old. Mom is Cheyenne and dad is Jeremy Buckalew.

Correction: Last month's article stated that Jonah Hall's parents were medical professionals. RVL regrets the error.



# KID 2 *Kid*

**FEATURED KID  
OF THE MONTH**



Ayvian





# YOUNG Achiever

Youth that are making a difference



From Mom, Meg Bishop: Brooke's first school dance was last weekend.

Our breathtaking young lady rocked her dark purple ball gown as she wanted to be in something puffy and flashy. Something that would make her the center of attention. This was a big deal for her, especially since she normally prefers the opposite: quiet over loud, comfort over fashion, hidden over seen and doesn't give a rip what people think of her. She was ready to be in the spotlight this time and aside from some typical teen drama at the end (that didn't involve her) she had a blast. I'm so proud of our amazing girl and the strong, independent lady she is!



# RESIDENT Recipes

## Chile Rellenos

by Mary Ann Daniel

- 1 lb. can whole Ortega green chiles or 2 7 oz. cans
- 1 lb. Jack Cheese grated
- 1 lb Longhorn Cheese grated
- ½ of 12 oz. can evaporated milk
- 4 eggs
- Crumbled bacon bits
- \*\*\*\*\*

Drain chiles and cut open, washing out seeds

Beat milk and eggs

Layer half of chiles in rectangular dish, then half the cheese and repeat.

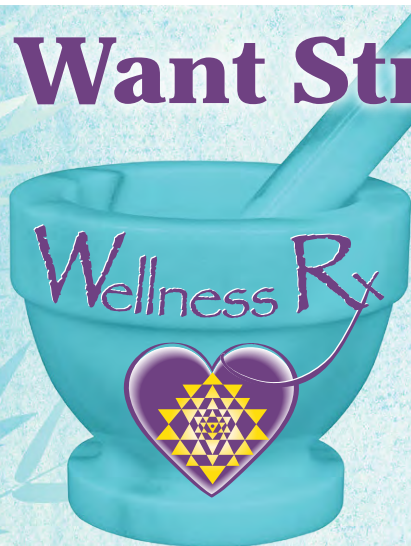
Pour milk and eggs mixture over top.

Sprinkle bacon bits on top.

Bake 350 for 30 min. Good with rice, beans and salsa.



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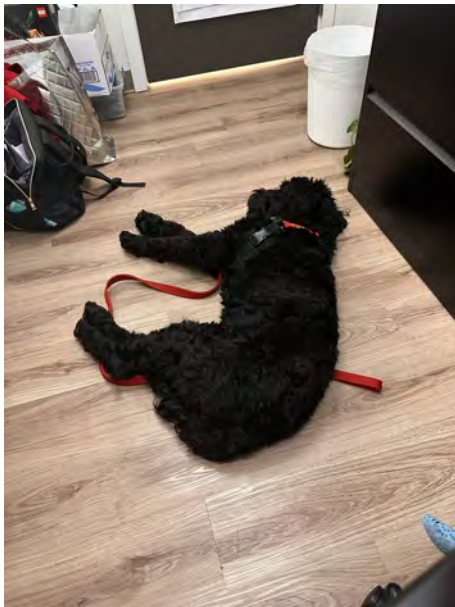
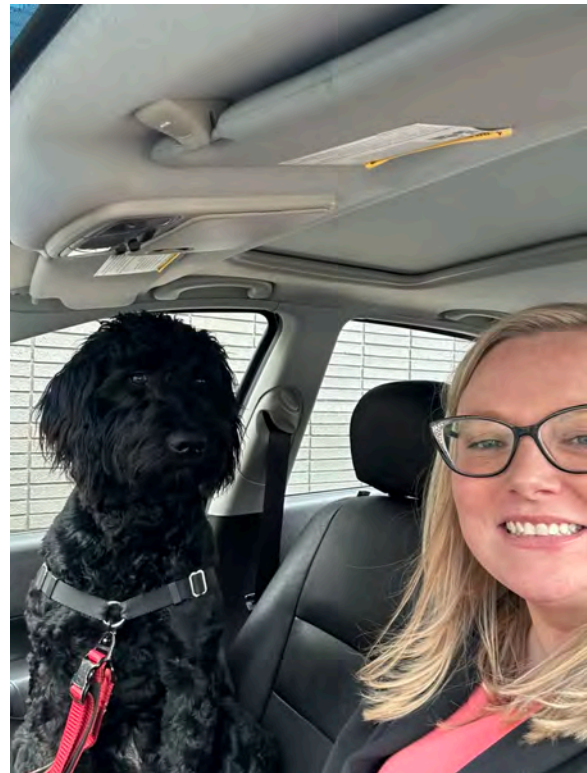
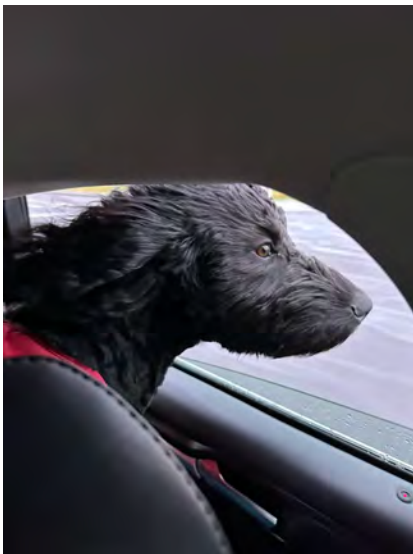
Website: Wellnessrx.life



# PRECIOUS *Pets*

## Pepper Zavala - by Kira Zavala

Introducing Pepper Zavala 6 month old Labradoodle. Technically she's Jose's dog... however, I am the dog whisperer and she loves me. We got her in December. She was living outside and not given the love or attention she deserves. We're in a transitional phase and it's just what we needed to push us towards some of our goals for 2023. Pictured is her before her grooming and after. She's such a goofball and a sweet girl.





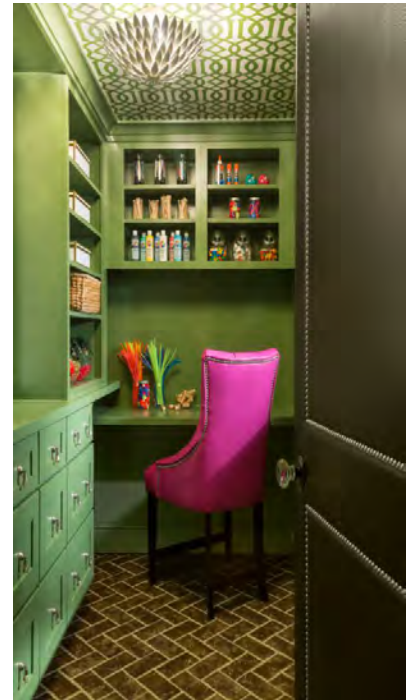
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# Lifestyles – FROM RURAL TO ACTIVE

**A Trip to the Heart of the Rogue Valley: Medford, Oregon - from sunset.com**  
 Written by J.D. Simkins in Partnership with Travel Medford

Come spring and summer, Oregon becomes a warm-weather wonderland that beckons travelers with promises of cooling evergreen forests, high deserts, rushing rivers, and rugged coastline blanketed in greens and bursts of flora. It is also home to one of the most diverse and rewarding destinations in the West: Medford, the accessible beating heart of southern Oregon’s Rogue Valley, where traffic is a memory in the rearview mirror and an international airport makes navigation a breeze.



This is where I spent a week immersed in undulating foothills, horseshoe-shaped Table Rock islands in the sky, and bustling waterways. With the sparkling new Compass Hotel by Margaritaville serving as my base of operations, I embarked on a taste test of Medford’s adventures spanning water, earth, and sky.

## Life on the Water

The Medford region is a Mecca for outdoor recreation, much of it centering on the water. Fly fishing is a staple of the Rogue River, but for adrenaline-seekers, white-water rafting and high-speed options, such as tours led by Rogue Jet Boat Adventures, hurl and spin passengers through stretches of river flanked by overhanging trees, historic homes, and a smorgasbord of wildlife. “Theodore Roosevelt once stayed in that home there,” my boat’s guide said, motioning toward a charming cottage that now sits backdropped by a colossal home boasting designs worthy of a rustic resort. “And over there is Jim Belushi’s house,” he continued, slowing his speed to prompt a 360-degree spin that sent each guest row into a chorus of excited screams. A midpoint pit stop landed our boat at Discovery Park, owned and operated by the tour company. Here, a lake, outdoor bar, game areas, and a floating music stage marked the beginning stages of what Jet Boat Adventures will soon turn into a completed glamping site and recreation area.



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# Beauty

## New Beauty Products That Are Perfect for the Warmer Days Ahead - from instyle.com



- You know the drill: April showers bring May flowers. Now that sunny days are finally here, so are the typical seasonal struggles that a 2-for-1 deal with the warmer weather. We're talking mid-day frizz, sweaty skin that messes with your foundation, and breakouts from the stress of full work and social calendars.
- The good news is that your favorite beauty brands have thought ahead. This month's haircare, makeup, and skincare launches are tackle all of the common spring and summer beauty concern.
- Sally Hansen's latest collaboration couldn't BE more perfect for Friends fans. The nail polish brand teamed up with the '90s sitcom to create 10 shades inspired by the show's beloved characters and moments, including "Pivot," a shimmering orange, and "He's Her Lobster," a pearlescent red.

Cocokinds community asked, so the brand made a lightweight, hybrid sunscreen with both chemical and mineral filters that blends seamlessly into skin without leaving any greasy residue. The SPF 30 also plays nice with acne-prone skin.



While salt water is a straight shot to piecey, undone waves, Bumble and bumble's Surf Wave Foam helps you achieve the style whenever you aren't at the beach. Simply apply the styling product to dry hair (focusing on the mid-lengths to ends) to add definition, and twist and squeeze strands to boost texture.



From springtime allergies to exhaustion from once again adapting to in-person work and social events, Mary Kay's Puffiness Reducer couldn't come at a better time. The formula is clinically proven to instantly reduce under-eye puffiness with the results lasting up to six hours.



Now this is a body care product that's truly formulated like an anti-aging cream for the face. The rich, hydrating cream is packed with pre-, pro-, and postbiotics, amino acids, and peptides to firm skin from head to toe.



While holifrog's toner is technically a toner, its main purpose isn't to exfoliate or further cleanse the skin. Instead, it's packed with a dose of microflora to help balance the skin's microbiome. In turn, it will help minimize breakouts and dullness.



# TOUR AND

# Travel



**TAKING YOU AROUND THE WORLD WITH ONE OF OUR RESIDENTS**

## Rwanda and Uganda - *By Barbara Tricarico of Ashland*

I traveled alone to Rwanda and Uganda. I hired a reputable, but in-country tour company to tailor-make my trip, seeing only the things I truly wanted to see. (It wasn't a package.) I had two drivers--one in Rwanda and when I crossed the border into Uganda, I had another. Both were good drivers, knowledgeable and fun!

**When:** Dec. 2-18, 2022 (approx. 16 days)

**Why?** As a photographer, I especially love African animals. I've been to 10 African countries now. My childhood dream had always been to see gorillas in the wild. I was fortunate to go on two gorilla treks while there: once in Rwanda and once in Uganda, as well as a Chimp trek, a Golden Monkey trek, and several safaris in Queen Elizabeth NP and Murchison Falls. The hike to see the gorillas in Rwanda has to be one of my favorite lifetime experiences! (I have also been lucky enough to witness the Great Migration in the Masa Mara, Kenya, where the animals cross the river in the thousands, which has also been tops on my "glad I went" list.)

**Where did I stay:** I mostly stayed in safari lodges throughout Rwanda and Uganda and a few small hotels near bigger cities.

**Cuisine:** All my meals were delicious. There was always an abundance of fresh vegetables and fruits on every plate! I drew the line at fried grasshoppers, however.

**Activities:** Mostly wildlife, but I loved going on cultural walks in several villages in both countries (learning how coffee was roasted, banana beer was made, basket weaving, grain grinding, wood carving, etc.), visiting the Diann Fossey Museum, and the Kings Palace Museum in Rwanda. I did a canopy walk on a suspension bridge over the Nyungwe Forest. the most powerful waterfall in the world).



I took two boat trips down the Kazinga Channel and Nile River (to Murchison Falls--considered the most powerful waterfall in the world).

I went to a sanctuary where rhinos were protected (since most in Uganda have sadly been poached but are being re-introduced). I also visited two genocide museums in Kigali. A highlight for me was visiting a school for the deaf in Rwanda. (I had been communicating with their headmaster for several years.) As a former teacher of the deaf and sign language interpreter, this was tops on my list. The children greeted me with drum dances and I was warmly welcomed.

**Local Culture:** The people in both Rwanda and Uganda are friendly, open, hardworking, and welcoming. I felt safe everywhere I went. Hardly anyone has a car, so most people walked along the dirt roads. A common childhood chore is walking to the river or creek with a large yellow container to collect the family's daily water supply. Both are agricultural countries (tea, coffee, bananas, beans, potatoes, etc.) so most locals are seen working in the fields as you drive by. Lots of manual labor, but not much farm equipment seen. Many goats and livestock are in front yards and often share the road as they're herded.

**What was the Most Unexpected Thing:** We had a couple vehicle breakdowns on bumpy dirt roads. People came out of the woodwork to help! I experienced a rather arduous and exhausting 6-7 hr. hike up the volcano into the Bwindi Impenetrable Forest in Uganda in search of gorillas, including an enormous Silverback.







In Rwanda, the baby gorillas often came very close to us out of curiosity, like young toddlers (but were discouraged by the guides). The little ones reminded me of human children. Sometimes the little guys would beat their chests and rough-house with one another. One female gorilla gently swatted at one of our female group members to "back off." The guides communicated with a series of guttural "grunts" that the gorillas understood. We kept our distance and respected their boundaries.

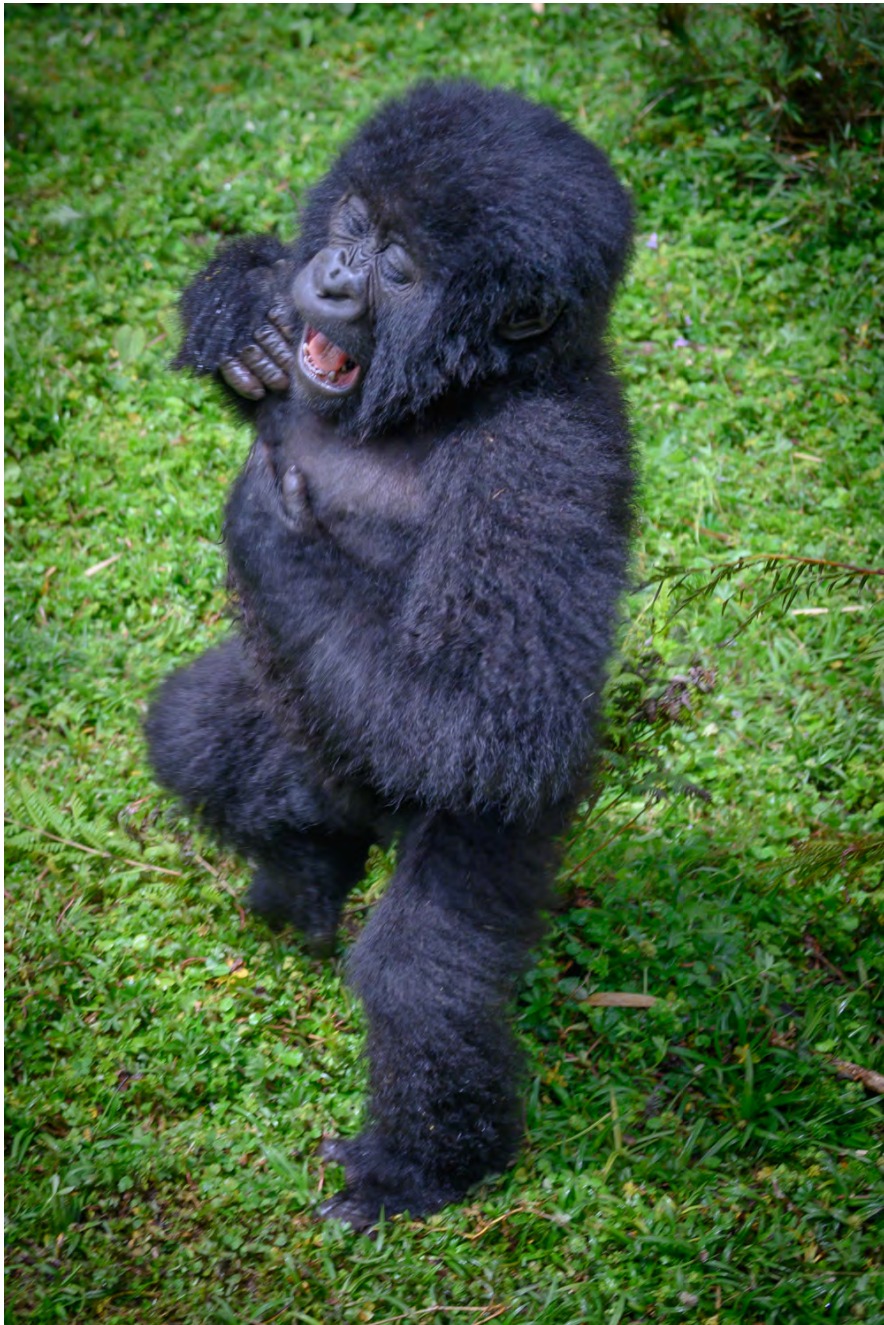
On the Ugandan trip up the mountain, there were only 3 of us (and about 10 guides, trackers, bushwhackers, porters, guards with rifles to scare off mountain elephants, etc.) That all-day trip was a "habituation" experience, meaning we were following the gorillas so that they would feel more comfortable around the guides and humans. (They are protected to avoid poaching and the rangers keep track of families.) Other than watching them, however, there was NO interaction with the animals. Masks were worn to protect the gorillas against colds, flu, viruses, and Covid. They are primates and 98% genetically identical to humans. There are only about 1,000 mountain gorillas left on the planet! Most live in the Virunga Mountains in Rwanda and the Bwindi Impenetrable Forest in Uganda; both remote areas I visited. The gorillas also travel into the Democratic Republic of the Congo (DRC) which shares a border.

**Favorite Part:** Standing in awe for hours looking at gorillas, photographing and watching African animals including elephants, giraffes, hippos, crocodiles, buffalo, antelope, hyena, lions, birds, etc. I traveled alone through both countries with a driver/guide.

**Disappointing:** Maybe the bumpy roads? (Which my drivers called an "African Massage.")

**Would I go back:** I would go back in a heartbeat.

**Recommendations:** Go!





# HOME of the Month

**Edward and Geri Zaninelli's home and remodel on West Griffin Creek Road, Medford**



Besides the main home, there is a guest cottage and a wine cellar.

**What rooms did you decorate?** All the rooms have been renovated and Geri decorated them all over time. About 60% of the house is new additions.

**What room is your favorite in the house & why?** Have to say the new addition on the front of the house. Just a great place to sit and talk while we look at out at a great view. The front of the house was just flat with older windows. Now we have a very user friendly area to relax and talk away from the TV sitting area. (Go to [Yard of the Month](#) to see sitting areas.)



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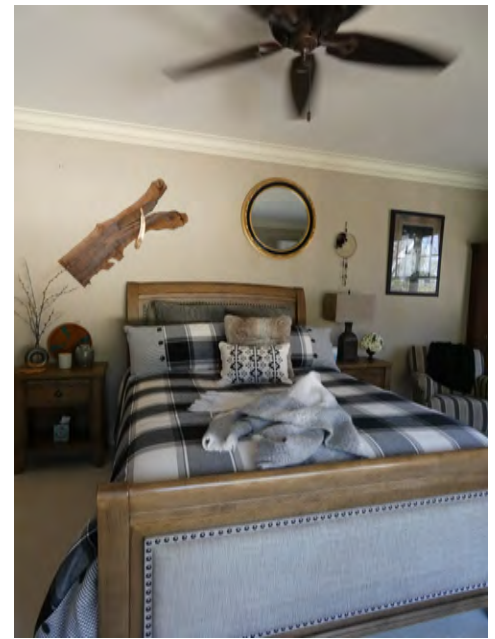
View out the front window. The railings are the last project to do.



"Tin bucket' footstool



Close up of horse table



**Did you design or decorate it yourself?**

Yes we designed everything including making the drawing plans for construction. Geri was the lead on the design and landscape of the outside of the property. Of course she also decorated the entire interior of the house. I just get to build things.

**What was your inspiration?** We wanted things to be comfortable and beautiful. We like things simple and easy to live in. This house is perfect for us and the layout is just about as good as it gets into retirement and easy living.

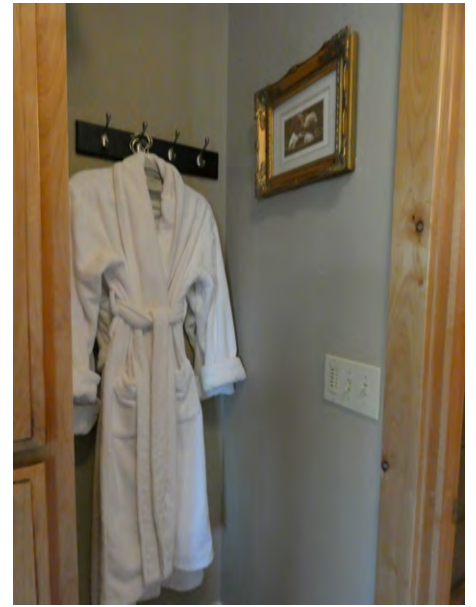
**What company did you use?** For the garage and bedroom additions we used a local company that is no longer in service. The other major changes in the kitchen, the front of the house and the cottage were done by myself.

**Did you decorate the rooms one at a time or all at once?** It has been a work in progress from the beginning. We love the way it is but we are always open to a new piece of art or a small change. I should say depending on what Geri feels we need to do. Ha.

**If you could do it all over again, would you change anything?** There have been challenges but the move to Medford and the results of the house are just what we wanted.

**What advice would you give to someone looking to spruce up their Living Space?**

Work a specific goal in mind. Do you need more space? An upgraded kitchen. More light or new windows to bring the outside in.









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# BELOVED *Seniors*

## Betty Glover



From KDRV:

MEDFORD, Ore. -- 91-year-old WinCo cashier Betty Glover can finally retire after raising more than \$57,000 in just over a week.

Glover has been a cashier at the South Medford WinCo for 10 years and started a GoFundMe at the recommendation of her coworker. The fundraiser had a \$40,000 goal, aimed to pay off the fifth wheel she lives in -- which is the last major expense she had before she retired.

The fundraiser took off, with Glover having exceeded her goal in just a few days.

"I do need to do other things. I need to spend time with my family," Glover said. "Even though I've only been working the past few months just a couple days a week... it just got to be too much. My birthday is on (May) 22nd and I thought, 'I've got to retire before then.'"

Glover posted an update on her GoFundMe page on Thursday, saying her last day at WinCo would be May 1.

"Thanks to all of your support and generosity, my last day in the check stand at WinCo will be May 1st!" Glover wrote. "I am still amazed at the outpouring of support and kindness. Thank you all so much."

## 91-year-old WinCo cashier raises enough money to retire

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# Thank You

## FOR YOUR SERVICE | VETERANS

### Larry Nathan - USMC

We will be following some of Larry's war exploits in the issues to come. It's an exciting story and deserves to be told.



Larry on the right

July, 1968, about 3 weeks in boot camp. My expression did not change for 10 weeks. I knew I was going to Viet Nam. This was serious. Life and death. My buddies depended on me. I took orders and gave them. It was the biggest physical and mental test for all of us in our lives. They pushed us to our limits and made Marines out of us. The best fighting force in the world.



Larry now. On the right, with wife Madeline



# YARD *of the Month*

## The Zaninellis' Grounds

What advice would you give to someone looking to spruce up their Living Space? Work a specific goal in mind. Do you need more space?

Having a plan, a budget and a good contractor is important. Ask questions and do look at reviews or get comments from others that used a specific contractor.

I also used some part-time help from professionals who work days with contractors but look for additional work on weekends. I just stopped and asked people on jobs if they wanted side work and it helped when I needed extra hands.

Local companies helped us a lot.

**Jeff Adamson** did all the heavy landscaping work.

**Blue Jay Landscape** supplied all the moss rock.

**Leave Your Mark** supplied all the cut stone and block plus all the pavers in the drive and walks. Pacific Lumber had the old beams we used to accent the walls and rooms.

**Budget Lumber** supplied all the lumber for the last addition.

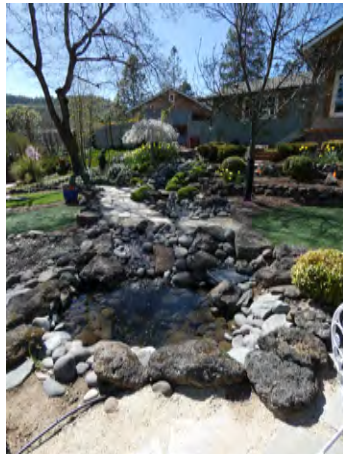
Bartlett Tree service cut down our trees when needed.

**Greg Steward of Greenway Spray** keeps everything healthy.



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A stone fountain with a wooden sign that says "Leave Your Mark!".

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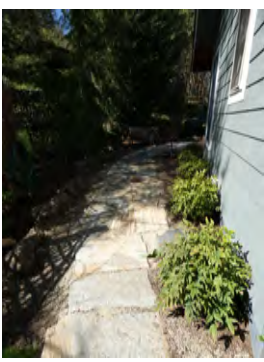
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# LOCAL SPORTS AND ATHLETES

From KTVL



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MEDFORD — North Medford and Roseburg will be the two teams to represent Oregon at the boy's national bowling tournament from June 17-19.

"We've had a great effort fundraising, but the expenses are high it's almost one thousand dollars per athlete and we have nine athletes plus me and the team mom," said Ty Cummins, Head Coach, of North Medford High School.

NMHS will host a benefit bowl tournament that will be on May 21 to help with the additional expenses. But their plan is to not only go to nationals but dominate.

"I think we need to improve on not getting upset at ourselves, after a bad shot or miss, because we have teammates that can pick us up, and they're all capable of doing so by getting a strike after we miss a spare or something else," said Mason Trapp, Sophomore.

North Medford came into the state tournament as the favorites but fell short to Roseburg who got hot late in the season to win the championship. North Medford uses that loss to fuel their motivation.

"Being able to take that loss, turn it into something that helped us prepare for the national stage was a good learning point for us," said Charlie Wilson, Senior.

According to Cummins, this will also serve as great exposure for his team to earn scholarships as well.

"This is huge for these kids here on the West Coast to go to the East Coast and actually bowl against those teams because bowling is bigger there," Cummins said. "There are college recruits that will be there and I have seniors who will capitalize on this opportunity to garner scholarships."

# SCHOOL Time



Outside of Grants Pass High School. Students can attend school in-person five days a week this year but have the option of online learning through GPFLEX. (KTVM/Megan Willgoos)

JOSEPHINE COUNTY, Ore. — Grants Pass High School is launching a new Automotive and Career Technical Education Program that is designed to provide students with the skills, knowledge, and experience necessary to pursue a successful career in the automotive industry.

The program offers a comprehensive curriculum that covers a wide range of topics, from changing windshield wipers to changing the oil to keeping track of oil and tire pressure.

Students will have access to courses such as Automotive I, Automotive II, and Automotive Adulting.

"We want our students to learn all the things they need to know about their own vehicles. It's not just about the technical skills, but also about the life skills that come with owning a car," said Assistant Principal Michele Napier.

The school district is also inviting local businesses to partner with the school as it grows the program. It is currently seeking donations of supplies or other contributions.

"There are lots of jobs available for students, whether it's right out of high school into a service center or maybe they want to go to a trade school and learn some more skills and then come back," Napier said. "It's something our community needs, so we're super excited about giving it to them."

The hope is that the program will not only prepare students for a wide range of career options but also equip them with the skills necessary to maintain their own vehicles for years to come.

"On the other side of that, it's life skills. We all own vehicles, and to be able to have those skills when you come out of high school is a great opportunity, whether it's fixing your own car or going to the dealership," said Napier.

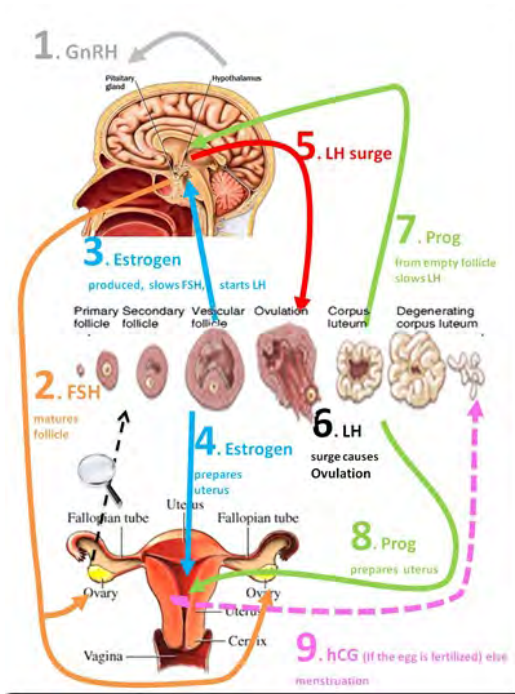
This new program will be an addition to the CTE programs already offered at Grants Pass High School which include manufacturing, engineering, health sciences, early childhood education, culinary arts, and more.

Students can begin signing up for the new automotive pathway this spring.

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# Healthy Living

## Can Imbalanced Hormones Impact My Fertility?



Hormonal imbalances can impact many aspects of your quality of life, including mood, cholesterol, weight, and physical health. Could a hormonal imbalance impact your fertility? It most certainly can. In this blog post, we will share how hormonal imbalances can impact fertility and what steps you can take for optimal reproductive health!

Did you know that hormonal imbalances are the leading cause of infertility in women? While this statistic may seem shocking, it is a devastatingly true reality for many women during their fertility journey. The proper balance of hormones in the body is essential for the efficiency of reproductive cycles, such as the ovulation process in women and the overall system of conception. Disorders such as polycystic ovarian syndrome (PCOS) and anovulation can result from hormonal imbalances in women.

However, this issue does not just adversely impact women's reproductive health. Men may also experience hormonal disorders that can impact their fertility, such as lower-than-normal testosterone levels.

### How hormones impact fertility

Hormones play a crucial role in female reproduction, especially the hormones that control the menstrual cycle. For pregnancy to occur, several things need to happen. To start, hormones must signal and regulate the growth of an egg within an ovary. Next, the newly formed egg is released into the fallopian tube. Then, the uterine lining thickens to make it easier for implantation. If the newly released egg is fertilized by sperm (which is also regulated by hormones within the male body), the resulting embryo will travel to the uterus for implantation. An absence or irregular quantity of one or more hormones can delay or prevent any of the above processes from occurring, making the fertility journey extremely difficult.

In addition to this, hormonal imbalances such as anovulation, PCOS, and hyperprolactinemia can result in infrequent or absent ovulation, thus complicating one's ability to conceive.

### Hormone testing for fertility

Hormone testing can reveal abundant important information about your health and fertility. Hormone specialists will review the tests with you in detail to help create a personalized plan that drives better, faster results.



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# NORTHWEST *Recreation*

## Where in Oregon Interactive Map

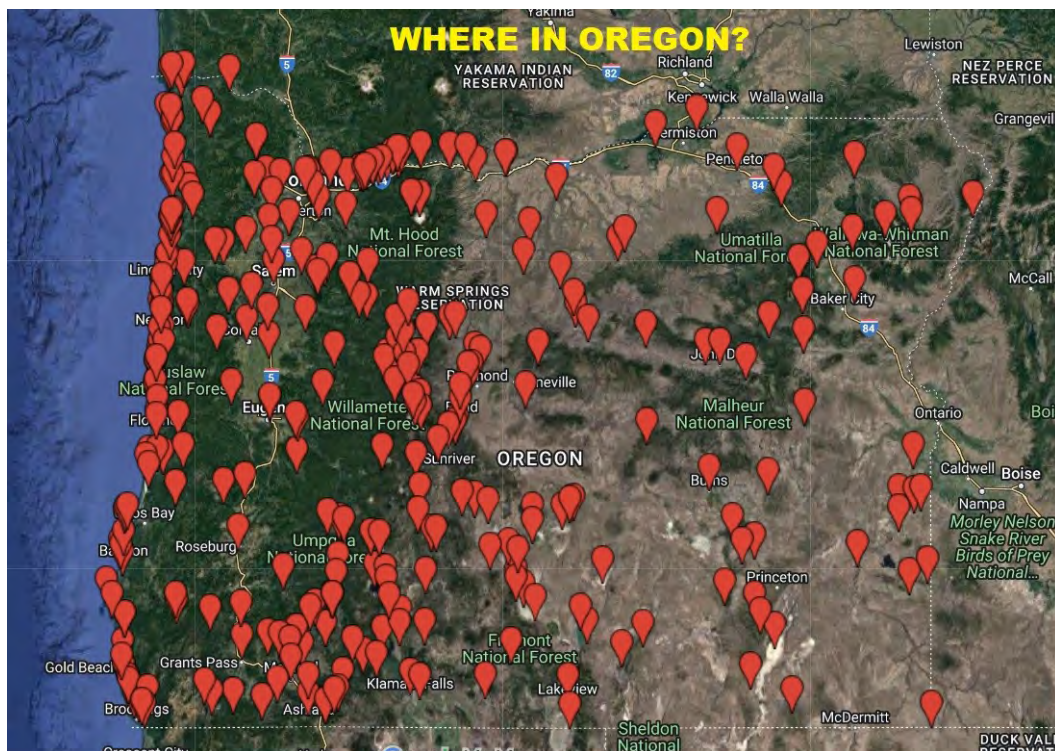
By Lyle McCaw

I love this state of Oregon. I am a 6th generation Oregonian on both sides of my family. Both of my great, great, great grandfathers came to Oregon in 1947 over the Oregon trail and arrived here withing two weeks of each other. Those pioneers helped to build roads, establish communities, start churches and colleges, etc. The history of my family is interwoven with the history of Oregon. That is why a number of years ago I started a “Where In Oregon Wednesday” posting on Facebook.

I also created an Interactive Google Map with all of the locations listed. There are links to websites about some of the places and photos of some of the most beautiful places in our great state. I have had people I’ve never met let me know that they use this map to go exploring and some have even used it to plan out vacations across the state. There is so much to see and do.

Below is the link to the “Where In Oregon Interactive Map” I hope you will get some enjoyment out of it and learn a few things about Oregon and explore some new places.

Here is the link: <https://www.google.com/maps/d/edit?mid=1lhOGrdOVZSCRxxYmgtwRc2CH35o&ll=43.95631225430243%2C-120.60232395000003&z=7>



# SPIRITED Tastes

## Frose = by Skye Selene

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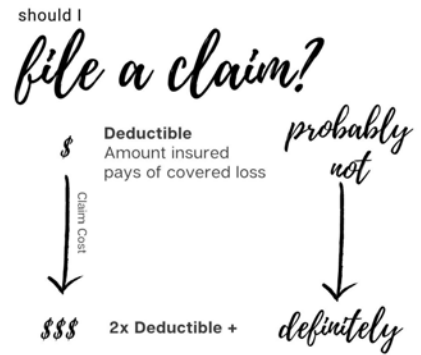


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# FINANCIAL Fitness

## HOW TO GROW AND KEEP YOUR MONEY

### Something Happened, Now What? By Courtney Tacchini



We are often asked for advice on when to submit a claim or what will be covered. There are some circumstances that obviously require a claim (for example, in an auto accident with an injury or the total loss of a home due to fire). More often less extreme situations present application of judgment.

- **Determine the applicable deductible.**

In non-extreme loss situations, a key factor is the applicable deductible. The deductible is sometimes referred to as the self-insured portion, that is the amount the insured pays before insurance kicks in. Obviously it's never a good idea to submit a claim if the amount of the claim is less than your deductible. The deductible for each type of coverage is listed on your policy declaration page. You will need to be able to identify what type of claim it is to know which deductible applies. Your insurance agent can help with that if you are unsure.

- **Get an estimate.**

Often we will recommend getting an estimate prior to submitting a claim. If the estimate is just over the deductible or able to be paid out of pocket, it is generally advisable to settle independently.

- **Find out if it's covered.**

If there is a question as to whether or not the loss will be covered, this is also important to investigate. While your agent likely will not be able to answer with absolute certainty (as claims are always subject to investigation by the claim representative), they should be able to give some guidance based on review of your contract and some details of the situation.

- **Time is of the essence.**

Any type of loss should always be discussed with your agent sooner than later. The more time that passes allows for additional damage to be done or could make circumstances more difficult to investigate.

The most important takeaways are:

- 1) start a dialogue with your agent right away and
- 2) give it some thought before jumping to the immediate conclusion that you need to submit a claim.

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# AUTO *Buzz*



## The 'Carrera Collection' Is A Candy Box Of Collectible Classics Begging For New Owners - by Sebastian Cenizo

Auction house RM Sotheby's has listed the Carrera Collection for sale in a two-part auction that will take place in Switzerland and Italy, and the 72 cars included here are all spectacular. The first part of the collection, which will be offered in Switzerland, includes 48 cars and will take place on 7 July, while the second part of the collection crosses the block in Italy on 12 July.

Collectible Porsche 911 variants characterize both lots, but there are some highlights from other brands, including Mercedes and BMW, plus the occasional Italian classic, such as a 1969 Lancia Fulvia Coupe Rallye and a gorgeous 2010 Alfa Romeo 8C Spider.



The collection includes two examples of the legend that started the Porsche RS dynasty, with two 1973 Porsche 911 Carrera RS 2.7 Tourings up for grabs. Other motorsport-inspired models include an epic 1995 Porsche 911 GT2 Evolution, a 2001 911 GT2, a 2011 911 GT2 RS, and a highly sought-after 2016 Porsche 911 R. A 1995 Carrera RS 3.8 (and another in Clubsport form) is joined by a 1992 911 Carrera RS.

Interestingly, every single car is offered without reserve, which suggests that each is in fantastic condition and should attract high prices. If you're after a very cool car or two, we can think of no better collection to satisfy your need for either hardcore Porsche performance or comfortable convertible cruising.



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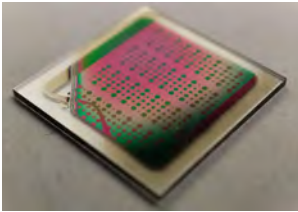
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# TECH *Talk*

## Scientists Invent a New Type of Battery – The Oxygen-Ion Battery

By VIENNA UNIVERSITY OF TECHNOLOGY



A prototype of the battery at TU Wien. Credit: TU Wien

Researchers at TU Wien (Vienna) have developed a groundbreaking oxygen-ion battery, which boasts exceptional durability, eliminates the need for rare elements, and solves the problem of fire hazards.

Lithium-ion batteries, while commonplace in today's world – powering everything from electric vehicles to smartphones – aren't necessarily the optimal solution for all applications. Researchers at TU Wien have made a breakthrough by creating an oxygen-ion battery that offers several significant advantages. While it may not match the energy density of lithium-ion batteries, its storage capacity doesn't diminish irreversibly over time, making it capable of an exceptionally long lifespan as it can be regenerated.

Moreover, the fabrication of oxygen-ion batteries doesn't require scarce elements and involves non-combustible materials. The innovative battery concept has already led to a patent application, filed in collaboration with partners in Spain. These oxygen-ion batteries could provide an outstanding solution for large-scale energy storage systems, such as those required to hold electrical energy from renewable sources.

"We have had a lot of experience with ceramic materials that can be used for fuel cells for quite some time," says Alexander Schmid from the Institute for Chemical Technologies and Analytics at TU Wien. "That gave us the idea of investigating whether such materials might also be suitable for making a battery."

The ceramic materials that the TU Wien team studied can absorb and release doubly negatively charged oxygen ions. When an electric voltage is applied, the oxygen ions migrate from one ceramic material to another, after which they can be made to migrate back again, thus generating electric current.

"The basic principle is actually very similar to the lithium-ion battery," says Prof. Jürgen Fleig. "But our materials have some important advantages." Ceramics are not flammable – so fire accidents, which occur time and again with lithium-ion batteries, are practically ruled out. In addition, there is no need for rare elements, which are expensive or can only be extracted in an environmentally harmful way.

But perhaps the most important advantage of the new battery technology is its potential longevity: "In many batteries, you have the problem that at some point the charge carriers can no longer move," says Alexander Schmid. "Then they can no longer be used to generate electricity, the capacity of the battery decreases. After many charging cycles, that can become a serious problem."

The new battery concept is not intended for smartphones or electric cars, because the oxygen-ion battery only achieves about a third of the energy density that one is used to from lithium-ion batteries and runs at temperatures between 200 and 400 °C. The technology is, however, extremely interesting for storing energy.

"If you need a large energy storage unit to temporarily store solar or wind energy, for example, the oxygen-ion battery could be an excellent solution," says Alexander Schmid. "If you construct an entire building full of energy storage modules, the lower energy density and increased operating temperature do not play a decisive role. But the strengths of our battery would be particularly important there: the long service life, the possibility of producing large quantities of these materials without rare elements, and the fact that there is no fire hazard with these batteries."

# Team Toner Times

Welcome to Team Toner Times, your go-to source for the latest news and updates from the world of real estate. We are excited to introduce Karen and Terry Toner, two experienced real estate brokers at John L Scott Real Estate in Medford, Oregon. With their extensive knowledge of the local market and dedication to their clients, Karen and Terry have helped numerous individuals and families find their dream homes in Jackson County and the surrounding areas.

As we move into U 2023, the real estate market in Jackson County, Oregon remains competitive. With a limited inventory of homes for sale, buyers are finding themselves facing challenges in securing the properties they desire. However, with interest rates projected to remain steady, there is still hope for prospective buyers to find a great deal in this market.

One of the factors driving demand in the Jackson County real estate market is the area's natural beauty and high quality of life. The region is known for its mild climate, scenic landscapes, and ample outdoor recreational opportunities. This has made it a popular destination for retirees and families looking to enjoy a slower pace of life, away from the hustle and bustle of urban centers.

Karen and Terry Toner have been instrumental in helping clients navigate the complexities of this competitive market. With their deep understanding of the local real estate landscape, they have been able to help buyers find their dream homes even in the face of stiff competition. They have also helped sellers get top dollar for their properties, leveraging their marketing expertise and extensive network to attract qualified buyers.

In addition to their expertise in residential real estate, Karen and Terry also have experience in commercial real estate, helping businesses of all sizes find the perfect space to operate and thrive. They understand the unique needs of business owners and have a track record of success in finding commercial properties that meet their clients' requirements. As we move into the spring and summer months, the Jackson County real estate market is expected to remain competitive, with increasing demand and a limited inventory putting pressure on buyers. However, with the help of experienced real estate brokers like Karen and Terry Toner, buyers and sellers alike can navigate this market with confidence and achieve their goals.

Thank you for reading Team Toner Times and be sure to check back regularly for more news and insights from the world of real estate.



*Team Toner's  
10 Commandments  
when Buying a Home  
if You are Getting a Loan*

*Thou shalt NOT do any of the following...*

- 1. Change jobs or quit your job*
- 2. Buy a new car*
- 3. Use charge cards in excess*
- 4. Spend money you have for closing*
- 5. Omit debts or liabilities from loan app.*
- 6. Buy furniture, flooring or appliances*
- 7. Originate inquiries into your credit*
- 8. Make large deposits in accounts*
- 9. Change banks or accounts*
- 10. Co-sign a loan*

*Of course you can do all of the above after we give you your keys to your new home!*



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*Terry Toner, Broker  
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terrytoner@johnlscott.com*

*www.karentoner.com*

**John L. Scott** | REAL ESTATE

# Fashion

# FORWARD

## Relax Your Denim - by Maxine Eggenberger

23 RELAX YOUR DENIM

www



PHOTOS: COURTESY OF TIBI; COURTESY OF A.W.A.K.E. MODE; COURTESY OF BALLY; COURTESY OF ALTUZARRA; COURTESY OF DIOR; COURTESY OF CHLOÉ

We get it. Some of the trends on this list might not translate seamlessly into everyday life. (If you're prepared to wear a completely sheer skirt to run errands in, more power to you.) However, if you're looking to invest in something you'll genuinely get the wear out of, look no further. Between wide legs and puddle hemlines, slouchy-fit trousers were one of the biggest trends of 2022. Now, for spring 2023, the best jeans will feature these same design traits. From high-waisted dark-wash flares at Tibi to Bally's effortless double-denim moment complete with floor-grazing lengths, looser-fit denim is resolutely where it's at.

"It's no surprise that a post-lockdown world is leaning towards more relaxed silhouettes, especially when it comes to our denim choices. I spend a lot of my days on social media (for work, naturally), and the jeans styles that I'm seeing across TikTok, Instagram, and Pinterest are so relaxed they might as well be joggers. As the world's number one fan of wide-leg trousers, I'm so happy that the grip skinny jeans had on us is finally over. Now, for the real stuff—this denim style can feel quite daunting if you're new to it. Me? I'll be taking styling cues from the master of jeans himself, Asake. IYKYK. And if you don't, you're in for a treat when you Google 'Asake jeans,'" says Joy Ejaria, Who What Wear UK's social media editor.



# PUZZLE AND Fun Corner



## Cooking Terms Word Scramble

Chef Paul has been busy in his kitchen and has made a fabulous dinner. He's also made a mess of his cookbook! Can you figure out the cooking terms he had to know to make his dinner by unscrambling the letters?

- UPOR \_\_\_\_\_
- PEEUR \_\_\_\_\_
- ASTRNI \_\_\_\_\_
- OEVRC \_\_\_\_\_
- MNSOTEI \_\_\_\_\_
- LCIES \_\_\_\_\_
- EAZGL \_\_\_\_\_
- STSO \_\_\_\_\_
- EMTL \_\_\_\_\_
- CSRDIAD \_\_\_\_\_
- CBRUS \_\_\_\_\_

- NLDBE \_\_\_\_\_
- NMICE \_\_\_\_\_
- TEAB \_\_\_\_\_
- AORST \_\_\_\_\_
- MEURESA \_\_\_\_\_
- AERGT \_\_\_\_\_
- ASTUE \_\_\_\_\_
- BRNWO \_\_\_\_\_
- CIED \_\_\_\_\_
- TSAEB \_\_\_\_\_
- CHPO \_\_\_\_\_
- ILOB \_\_\_\_\_
- TSIR \_\_\_\_\_

ANT I P O D E 1 \_ \_ T \_ \_ \_

The word on the right side contains the letters of the word on the left side plus or minus the letter in the middle. One letter is already in the right place.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Garden Word Search Puzzle

d	p	q	v	g	u	m	e	d	t	i	n	i	k	t	m
s	e	e	d	s	f	r	t	f	i	p	u	g	k	d	e
t	i	j	s	p	r	o	u	t	s	r	r	y	s	s	o
u	b	c	i	m	r	e	h	v	i	a	t	m	h	d	o
g	n	r	e	n	d	k	a	e	m	p	u	v	o	a	v
a	b	a	r	r	i	p	i	g	s	o	r	u	v	d	y
r	u	d	j	c	r	i	d	g	c	k	e	l	e	e	x
d	l	i	z	h	a	o	o	i	s	n	a	i	l	s	f
e	b	s	p	s	m	t	e	n	i	f	k	g	a	e	
n	s	h	u	t	a	o	p	s	g	n	g	n	x	k	n
e	y	k	n	n	l	i	v	e	o	d	i	k	r	g	c
r	e	a	t	r	e	t	e	j	s	l	r	m	i	k	e
h	i	m	e	k	g	e	k	m	d	t	a	d	m	s	z
p	s	t	o	u	u	k	r	e	k	u	i	w	m	v	
p	a	r	l	h	w	a	e	d	n	h	n	o	q	c	m
w	w	s	w	w	s	g	y	t	h	r	e	y	a	q	

**FIND THESE GARDENING WORDS**

carrots	shade	sprouts	dirt
rake	sun	gardener	slug
soil	dig	fence	plants
veggies	nurture	worms	seeds
compost	snails	shovel	bulbs
	rain	water	seedlings
		rows	radish

The words may be hidden vertically, horizontally or diagonally.

# HOME Matters



## Spring Home Maintenance Checklist - 5 Things You Should Check This Weekend - by House in Progress

Here are a couple tips to make sure your house is ready for Spring:

1. Clean out gutters: Clean any leaves, dirt and debris from your gutters and make sure that water flows through your down-spouts.
2. Check exterior drainage: Make sure that all sides of your house are sloped at least 6 inches for every 10 linear feet in order to keep water running away from your house.
3. Repair cracked paint: Inspect and repair any paint that is chipping or cracking on your siding or trim.
4. Inspect roof shingles: If possible, climb up on your roof to make sure your shingles are not missing, curling at the edges or cracked. Also make sure that all vent bibs are sealed and overlapped with shingles. If you are not able to climb up on the roof, a good pair of binoculars may be useful.
5. Trim overgrowth: Trim back any trees or bushes so that they are not touching or hanging over your house. This will prevent them from conducting moisture to your siding or roof.
6. Replace smoke detector batteries: Depending on the model, your battery compartment may be on the front or back. Slide the battery door open and replace with a new 9 volt battery. Make sure to hit the test button once you're done.



## More Than Just a Tile Store



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[colortilemedford.com/](http://colortilemedford.com/)

CCB # 223480



# Fun Page Solutions

## Cooking Terms

### Word Scramble

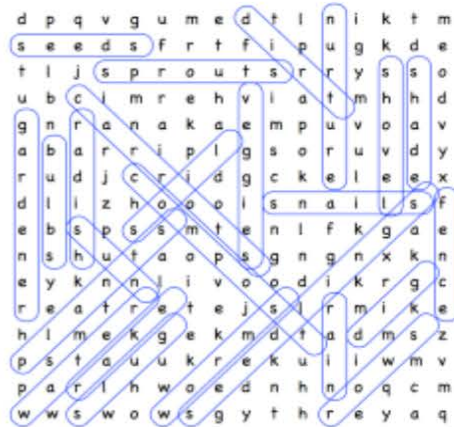
#### SOLUTION

UPOR	<u>POUR</u>	NMICE	<u>MINCE</u>
PEEUR	<u>PUREE</u>	TEAB	<u>BEAT</u>
ASTRNI	<u>STRAIN</u>	AORST	<u>ROAST</u>
OEVRC	<u>COVER</u>	MEURESA	<u>MEASURE</u>
MNSOTEI	<u>MOISTEN</u>	AERGT	<u>GRATE</u>
LCIES	<u>SLICE</u>	ASTUE	<u>SAUTE</u>
EAZGL	<u>GLAZE</u>	BRNWO	<u>BROWN</u>
STSO	<u>TOSS</u>	CIED	<u>DICE</u>
EMTL	<u>MELT</u>	TSAEB	<u>BASTE</u>
CSRDIAD	<u>DISCARD</u>	CHPO	<u>CHOP</u>
CBRUS	<u>SCRUB</u>	ILOB	<u>BOIL</u>
NLDBE	<u>BLEND</u>	TSIR	<u>STIR</u>

Brain teaser : One letter less or more

Answer: Notepad

### Garden Word Search Puzzle - Solution



Thank you.  
I hope you had  
fun.



# Entertainment

Our favorite resident staff writer, Linda Lochard, has been busy with readings and appearances. If you haven't had a chance to read about her journey in a wagon train re-enactment, please find it and follow her!

**BARNES & NOBLE**

1400 Biddle Road, Medford, OR 97501

Saturday, April 29, 2023, 2 p.m.

Four Local Authors – in person, to discuss:

## “My Journey from Novice Writer to Published Author”

Meet Nonfiction Authors



Leslie Compton  
“The Forgotten Artist:  
The Story of  
Evylena Nunn Miller”



Leslie Ghiglieri  
“The Decision to Kill: A True  
Crime Story of a Teenage Killer  
and the Mother Who  
Loved Him”

Meet Fiction Authors



Linda Lochard  
“Life Along the Applegate Trail: A  
Tale of Grit and Determination”



Nancy Lane  
“Pretty Chrysanthemum  
and Other Stories”



## Meet the Author Linda Lochard Reading and Discussion

Linda tells how she endured 31 days in a wagon train re-enactment and drew upon that experience and her research through diaries of actual Applegate Trail pioneers to develop her gripping historical adventure novel.



Saturday, May 6, 3 - 4 p.m.



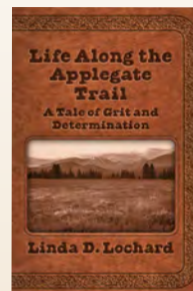
Dunbar Farms  
2881 Hillcrest Rd.  
Medford 97504

## Writing Services by local author

### LINDA LOCHARD

Writing Services Linda provides include biographies and freshening of print and digital marketing materials.

Other assistance is available upon agreement.



### Why call Linda?

- Experienced and Inspirational
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- Connects with your audience
- Builds or strengthens trust with your customer
- Invites the purchasing of your service or goods
- No obligation to call for information



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[facebook.com/lindalochardauthor](https://www.facebook.com/lindalochardauthor)

# PRESS RELEASE



## MEDFORD, OR

May 2023 The Davis Arts Legacy announces the release of **START HERE— The Art of Building Your Creative Legacy** by Michael D. Davis

Paperback—286 pages ISBN: 979-8-21-163019-2 Cover Price: \$29.95  
PDF Also Available: \$10.99

## LOCAL ARTIST WRITES BOOK TO HELP OTHERS CREATE A MEANINGFUL LEGACY

Medford, Oregon - Michael D. Davis is delighted to announce the release of **START HERE**, his new book in the Self Help genre. **START HERE - The Art of Building Your Creative Legacy** is both a book and a journaling tool. The book consists of four sections, each pertaining to a specific area of intellectual and physical awareness. The four sections are accompanied by a series of weekly prompts, written to inspire the reader to take action and create a personal journal entry each week for a full year.

**START HERE** makes a case for the importance of developing an awareness of, and direction for, creating and building a legacy throughout a person's life. Often a legacy is regarded as being created almost organically without much interaction, control or input. A legacy just creates itself, right? The author invites and encourages people who reads this book to consider the impact their legacy makes on others and to take creative and meaningful control of those things in their life that will become their legacy.

"I was inspired to write this book by many factors, some of which are personal experiences and others simply by observing the impact that one person can have on a family, community, society, or even around the world. I have a deep desire to help others build a sense of their personal responsibility and ability to effect the lives of others in a meaningful and positive way. This often involves a creative approach and, being a creative, I believe it is my responsibility to help others discover their own creative means for positive influence in the world."

Michael D. Davis is an entrepreneurial business owner, professional photographer, writer and teacher based in Medford, Oregon. Having previously published photography art books, **START HERE** is his first text based, full length, publication. Over the years Michael has been recognized by clients, colleagues and professional organizations for his talent and expertise in the field of still photography.

You can reach Michael by email at [michaelddavis@mddastudio.com](mailto:michaelddavis@mddastudio.com)

Mailing address: P.O. Box 1684 Medford, OR 97501

Studio Location: 33 N. Central Ave. Suite 212 Medford, OR 97501

For more information, interview requests, or review copies, please contact: Michael D. Davis at [michaelddavis@mddastudio.com](mailto:michaelddavis@mddastudio.com)

## Artist Bio Information

Michael D. Davis was born and raised in Southern Oregon, where he attended school and developed his interest in the craft and art of still photography. In 1975 he joined the United States Army and graduated with honors from the combined Army/ Air Force Photography School near Denver, Colorado.

In 1976 Michael married his High School Sweetheart in New York City and shortly after was assigned to the Army Security Agency and a fixed wing aerial unit in South Korea.

Michael practiced and perfected his photographic skills on the ground and in the air discovering along the way the power visual images have in communicating the human condition. He experienced for himself how the camera is an important tool for creating images whose strength lay in their ability to become catalysts for our memories of personal and social history.

After his military service Michael returned to the Rogue Valley and, in 1992, opened a full service photography studio specializing in portraiture and event photography.

In 2004 he was invited to join a start-up company as a lead photographer, mentor and educator, participating and leading numerous seminars while also photographing private and public events nationwide.

Michael has also worked closely with and photographed several high profile fundraising events around the nation for International speed painting Artist and philanthropist, Michael Israel.

In addition to Michael's experience photographing professionally throughout the United States, he is a mentor and teacher to other photographers locally and around the country.

He maintains a working studio in Medford, Oregon where he both practices and teaches the craft to others. His studio offers a weekly Photography Forum for local creatives that soon will expand in scope to what Michael refers to as "Eduventures" for those wishing to photograph and learn while enjoying Southern Oregon's great outdoors.

Recently he has been teaching a thirteen week course he designed, titled, The Every Day Artist. The course covers the importance and personal value of the creative process.

Please feel free to contact Michael at [michaeldavis@mddastudio.com](mailto:michaeldavis@mddastudio.com)

Call for an ad quote! 541-900-6584



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# BUSINESS *Beat*

## New Medford Business - by KOB15.com

**MEDFORD, Ore. – A Portland-based burger joint called Killer Burger is coming to Medford.**

**The company announced it's first location south of Eugene today.**

**It will be located at the Northgate Marketplace, off Rossanley Drive, at the old Chipotle location.**

**Killer Burger said it's known for it's award-winning burgers, including it's famous peanut butter pickle bacon burger.**

**It said the Medford location will open in the coming months.**



**MEDFORD - COMING SUMMER 2023**

**COMING SUMMER 2023**

**Northgate Marketplace**

**7 Rossanley Dr. Space B6,**

**Medford, OR 97501**

**11:00am-10:00pm Daily**

**Dine In, Takeout, and Delivery**

## FOCUS ON THE ARTS

### Art, Music, Theatre

FINAL FAREWELL by Chris Hopkins

In the past few years I have lost many friends to various maladies. All of them greatly loved and greatly missed. Their individual loss has been very hard to accept.

This weekend I was supposed to attend the memorial for my dear friend Gary Hendrix. At the last moment circumstances beyond my control derailed my plans to attend and present this painting of Gary.

Gary was not only my dear friend but he was my high school art teacher. He put up with a load of crap from me as I fought so hard not to be recognized as an art guy but as an idiotic sports guy. It was a tough straddle for me as I loved drawing so much even though I tried to hide it. Something I failed at as I was fooling no one. Gary saw something in me and applied copious amounts of encouragement.

I was incredibly blessed to have been admitted to the Art Center College of Design in Pasadena where I had some of the finest instructors on the planet. After Art Center I had the further privilege to study with some great painters both commercial and fine artists. Gary Hendrix was and will remain my favorite most influential instructor. His heart was huge and his drawing ability masterful.

I painted this with the hopes of portraying Gary Hendrix as honestly as I could. He is here with his beloved dog, "Jackson" surrounded by the steam that became a major part of his life as he and his son Gregg operated one of America's oldest, (if not the oldest) totally steam powered mill. Gary was a student of Pacific Northwest Native Culture and strongly identified with the mythology surrounding the raven who is identified as the trickster. When Gary would laugh, which was often one could detect that ol' trickster just hiding beneath the surface.

Farewell my friend.

Editor's note: Chris used to sit beside me in home room at Medford Mid High. He has done poster art for Hollywood - Return of the Jedi, Labyrinth, Indiana and the Temple of Doom, Peggy Sue Got Married, The Abyss, etc. and is now 'focusing on historical subjects that shed light on "American perseverance," including the First Nations peoples of the Pacific Northwest, the people of Japanese descent who were interned during World War II, the subject of homelessness, and the heroism of the Tuskegee Airmen.' From [Illustrationhistory.org](http://Illustrationhistory.org)



GOOD

Eats

# NEIGHBORS UNITE



## Rogue Food Unites Weekly NO COST Farmers Market

**Tuesdays** - Jackson Elementary School - **4PM-6PM**  
713 Summit Ave, Medford, OR

**Wednesdays** - First Presbyterian Church of Phoenix - **4PM-6PM**  
121 W 2nd St, Phoenix, OR

**Thursdays** - Oregon Shakespeare Festival Production Facility  
(Big Red Building) - **4PM-6PM**  
408 Talent Ave, Talent, OR

&

The Church of Jesus Christ of Latter-day Saints - **3PM-5PM**  
11175 OR-62, Eagle Point, OR

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## The Poultry Palace at Stone Ridge Ranch

Our self-serve roadside stand is OPEN at 14195 Agate Rd!

It is on an honor system and you can pay with cash at the cash box or through Venmo @poultrypalace.

The racks below are for reserved order pickups. If you reserved a pick up your name will be on the tag.

**ALL EGGS ARE UNWASHED** unless requested otherwise. Prices are posted at the stand.



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As the Real McCoy of Real Estate, I have had a lot of success working with Senior Citizens in getting their homes sold. And when it comes to homebuyers, you can go to my website and get all the newest listings as quickly as they become available.

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Get in touch with Don McCoy to get your free book on how to sell your home or get the newest MLS listings of homes for sale today.



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# LAWN AND Garden

## Identifying Poisonous Lilies

Some lilies can be extremely dangerous to cats—even just exposure to their pollen can lead to acute kidney injury or toxicosis. Learn which lilies pose the most risk for your feline friend:

**Exposure to these lilies can lead to acute kidney injury. The most common clinical signs to watch out for include vomiting, anorexia, and depression.**

**Japanese Lily** (*Lilium* spp.)



**Stargazer Lily** (*Lilium* spp.)



**Tiger Lily** (*Lilium* spp.)



**Easter Lily** (*Lilium* spp.)



**Oriental Lily Hybrids** (*Lilium* spp.)



**Casa Blanca Lily** (*Lilium* spp.)



**Daylilies** (*Heimerocallis* spp.)



**Peruvian Lily** (*Astroemeria* spp.)



**Lily of the Valley** (*Convallaria* spp.)



**Calla Lily or Trumpet Lily** (*Zantedeschia* spp.)



**Peace Lily** (*Spathiphyllum* spp.)



**Flame Lily** (*Gloriosa* spp.)



**Exposure to these flowers does not result in acute kidney injury but can still make your pet sick.**

**Call your veterinarian or the ASPCA® Animal Poison Control Center if your cat has any exposure to a lily. It is imperative that an accurate identification is made to determine toxicity risk and treatment needed, so take pictures of the flowers, stem, and leaves to help experts identify the plant.**

For more information, visit [aspca.org/apcc](http://aspca.org/apcc)

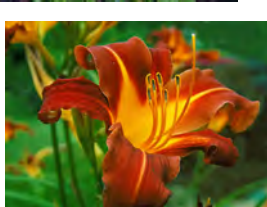


**ASPCA** | (888) 426-4435  
Animal Poison Control Center



Mother's Day, Holidays and birthdays are occasions where you might receive a beautiful lily for the house, or even an arrangement of them.

Be very careful, as they can be poisonous to your pets. Pictured are Day Lilies.



## Damaged or Dangerous Trees?

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# ROGUE VALLEY *Living Giving*

The nonprofits listed below, in alphabetical order, have given us permission to be listed, along with their mission statements. All are worthy of your time, talent and resources, and are a gift to our Rogue Valley community. If you would like your charitable organization listed here FREE, please contact [Editor@RogueValleyLivingMag.com](mailto:Editor@RogueValleyLivingMag.com)

## **Cascade Girl.org**

Our mission is to save bees and other agricultural pollinators. Our most visible product right now is our class for veterans.

[www.cascadegirl.org](http://www.cascadegirl.org)

Sharon

541-951-5595

Here is a link to the story. We also got into the Mail Tribune!

<https://www.stripes.com/veterans/2022-09-04/veterans-beekeeping-oregon-7210803.html>

## **Collaborative Theatre Project**

CTP is dedicated to producing high quality theatrical events and community outreach projects to enhance the lives of our artists and our community.

<http://www.CTPMedford.org>

541 779-1055

[CTPOregon@gmail.com](mailto:CTPOregon@gmail.com)

## **Downtown Medford Association**

We exist to provide inspired leadership and advocacy that encourages engagement to enhance the physical, cultural, and economic vitality of our downtown, so that we are welcoming to locals and visitors alike.

Richard Barney, Co-Chair Organization Committee

[rjbarney@gmail.com](mailto:rjbarney@gmail.com)

[info@downtownmedford.org](mailto:info@downtownmedford.org)

## **Family Solutions**

Family Solutions' mission is to provide mental health services - creating opportunities for healing with children, adults, and families.

Serina Pori

Development Director

Family Solutions

[spori@solutionsor.org](mailto:spori@solutionsor.org)

## **Living Opportunities**

"Our Vision is a welcoming community that embraces individuality and passionately supports and empowers people"

Blaine, Business & Donor Relations

541-415-5341

<https://LivingOpps.org/become-an-employer/>

## **Must Love Boxers**

Our organization strives to rescue, rehabilitate, and rehome unwanted and abandoned Boxers within Washington state, Oregon, and surrounding areas.

[mustluvboxersrescue.com](http://mustluvboxersrescue.com)

Robert And Kimm King

Southern Oregon Coordinators

541-291-6122

## **OHRA**

Mission: OHRA helps low-income people build better lives. By offering hope and access to social service resources, we encourage those in need on the path to self-sufficiency.

[www.helpingashland.org](http://www.helpingashland.org)

Jessica Klinke, Development Director

[jessicak@helpingashland.org](mailto:jessicak@helpingashland.org)

## **Pacific Bible College**

Pacific Bible College is a Christ-centered learning community committed to equipping students to become biblically competent, academically proficient, spiritually cultivated, and culturally-engaged servant leaders.

Elijah Thomas

[Pacificbible.edu](http://Pacificbible.edu)

503-437-5883

## **Pathway Enterprises, Inc.**

Pathway Enterprises, Inc. is committed to ensuring adults with disabilities are offered opportunities to live, work, and recreate in their communities so they may experience personal growth, integration and independence.

[pathway-inc.org](http://pathway-inc.org)

1600 Sky Park Drive, Suite 101, Medford, OR 97504

(541) 973-2728

## **Reclaiming Lives/Recovery Café**

We provide hope and stability for those struggling with addiction through recovery planning and long-term support in a place where everyone is loved and accepted.

Stephanie Mendenhall

228 East Main Street, Suite H

Medford, OR 97501

541-292-1618

<https://reclaiming-lives.org/>

## **Riding Beyond**

Opening Doors to the Future since 2013. Riding Beyond enhances the well-being of breast cancer survivors, their friends, families, associates, and others with life challenges through therapeutic horse/human interactions.

Trish Broersma, CTRI, ES, MA

541.482.6210

[ridingbeyond.org](http://ridingbeyond.org)

## **Rogue Community College Foundation**

Make an investment in college students, our community of tomorrow, with a charitable or estate gift.

Contact the RCC Foundation at (541) 956-7293, [rccfoundation@rogucecc.edu](mailto:rccfoundation@rogucecc.edu) or <https://foundation.rogucecc.edu/>

[www.rccfoundation.org](http://www.rccfoundation.org)

**Rogue Retreat**

Mission Statement: To create opportunities for those experiencing homelessness to have hope.

711 E. Main St. #25

Medford, OR 97504

541.499.0880

joe@rogueretreat.org

rogueretreat.org

**Salvation Army**

Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Gail L. Evans

Administrative Assistant to the Executive Director of Development

The Salvation Army, Cascade Division

503-794-3271

<https://jacksoncounty.salvationarmy.org/medford/>

**Sanctuary One**

Mission: To provide a refuge for animals and a healing place for people while promoting environmental stewardship.

Vision: **People, Animals & the Earth: Better Together**

megan@sanctuaryone.org

info@sanctuaryone.org

13195 Upper Applegate Rd, Jacksonville OR 97530

541-899-8627

<https://sanctuaryone.org/>

**ShopDowntown.org**

Mission Statement: Discounts for customers. Support local businesses. Fight Cancer.

Contact: Daniel Wells | [dwells97504@gmail.com](mailto:dwells97504@gmail.com) | 458-225-4626

Website: <https://shopdowntown.org/>

**Southern Oregon Aspire**

Inspiring Unlimited Opportunities for People to Create the Life They Choose

Phone: 541-476-8241

<https://www.soaspire.org/>

**Southern Oregon Humane Society**

<https://www.sohumane.org/>

adoptions@sohumane.org

2910 Table Rock Road

Medford OR 97501

541-779-3215

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Maslow Project empowers homeless youth to thrive independently through supports that stabilize and engage in all aspects of life.

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