

 **Rogue Valley**

A social emagazine for residents of the Rogue Valley

Living



Meet the Tacchini Family!



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A WORD FROM the Editor

Welcome to the 2nd issue of Rogue Valley Living. Fall is falling and we have some looks behind at Halloween and a few ahead for Christmas. We are all about bringing joy and positive energy to the Rogue Valley. We love getting your photos and articles, so please keep them coming!

If you or a friend, family or neighbor is someone you would like considered for an interview or article, please let us know! We are always looking for local content, such as houses and yards, home remodels and projects, your favorite winery, brewery, restaurant, movie, book, etc. to review. How about automobile or beauty tips? The latest store or deli opening up? Your favorite charity? The latest in gadgets or fashion? Brain ticklers trivia or puzzles? All are welcome in the pages of Rogue Valley Living. This magazine is for you and by you. Let's have some fun!

Linda



STAFF PHOTOS



Roland Daniel
STAFF PHOTOGRAPHER



Mary Ann Daniel
STAFF WRITER



Linda Lochard
STAFF WRITER



Joy Hiler
CONTENT CONTRIBUTOR



Seanna Nelson
HIGH SCHOOL JR. REPORTER



Vincent Tacchini
MIDDLE SCHOOL JR. REPORTER



Alice Ungerman
ELEMENTARY SCHOOL JR. REPORTER

FAMILY Spotlight



Introducing the Tacchini Family

The Tacchini family lives in Medford on Coker Butte Road. Family members include Skyler, Courtney, Vincent (12), Bowen (10), Amelia (6), and Nico, a male husky. Skyler is originally from Klamath Falls and Courtney hails from Baraboo, WI. Skyler attended Fort Hays State University in Kansas and Courtney got her Bachelor's Degree in Management/Accounting from Oregon Tech and her Masters in Business Administration from Portland State University. Together they own a flourishing Farmers Insurance office located in Phoenix.

Vince attends Hedrick (7th grade) and is on the football and basketball teams there. He is also a Jr. Reporter for Rogue Valley Living. Check out the Home of the Month article he wrote in this issue! Bowen attends Lone Pine Elementary (5th grade) and plays for Medford Youth Football and North Medford Youth Wrestling. Amelia practices ballet at Pointe Performance in Phoenix and just started Rogue Cheer Athletics Mini Team. The kids say pizza or spaghetti is their favorite meal.

Having very recently moved out to Coker Butte Road, they previously lived on Brookdale Ave, near Lone Pine Elementary for three years. They loved living right by Lone Pine, their kids' school. Courtney says, "It's a wonderful community and park. Living out on Coker Butte has been such a blessing with beautiful views and more space for the kids to run around!"

Speaking of family life, Courtney states, "Our kids' sports and church activities keep us hopping! We enjoy going to the movies as a family when we get the opportunity. We also enjoy hiking and paddleboarding and kayaking at the lake. Our kids are fish and we are at the pool as often as we can in the summer. They also love the 'sand park' (a.k.a. Oregon Hills). We love to get away to the Coast when we get the opportunity!"

Favorite restaurants include Clyde's Corner in Phoenix, and 4 Daughters in downtown Medford, and Skyler cheers on the Dallas Cowboys as his favorite football team. Family traditions are important to the Tacchinis. "We love to be the gathering place for friends and family.



FAMILY COVER STORY

We do lots of cooking and entertaining together for holidays and any time! Our family traditions center around the activities we facilitate for youth sports and our kids' school. Our family is all about volunteerism and making things happen in our community."

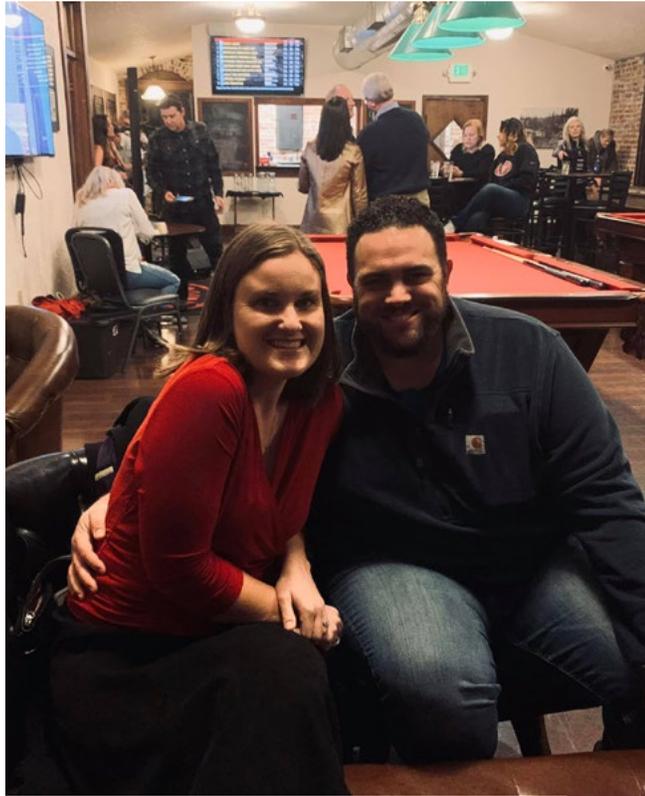
This is proven true by their exceptional involvement in the business world, as well as their community. Skyler is the President of Medford Youth Football – Medford's only youth tackle league. He also serves on the board for North Medford Youth Wrestling, and he coaches basketball. Skyler is Vice President of his networking group, Rogue Valley Network Council and is a Rotary member for the Ashland Lithia Springs chapter.

Courtney is the President of Lone Pine Elementary PTO, and Chair of the Medford Chamber YPN (Young Professionals Network). Courtney led the fundraising efforts at Lone Pine last school year in order to replace the school track this summer. They both volunteer for Sunday school at their church (Bethel Church) for the 4th and 5th grade classroom and other events at their church.

Catching this dynamic family at rest is pretty hard to do. When asked what they like to do to relax, Courtney said, "Relax... I can't say we are very good at slowing down! We listen to 'Dance party' music (usually Kids Bop), while Skyler is a country music fan. We are just catching up on Stranger Things and watch almost everything Marvel!"



Would you like your family featured on the cover as the Spotlight family? Or be involved in contributing to any of our 40 topics? If so, please email editor@RogueValleyLivingMag.com with your story ideas.



FAMILY COVER STORY

GIVE BACK THIS CHRISTMAS

*VOLUNTEER TO BE A BELLRINGER WITH
THE MEDFORD SALVATION ARMY!*



*WOULD YOU COME RING THE
BELLS WITH US THIS
HOLIDAY SEASON?*

VOLUNTEERS KEEP US RUNNING!



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CONTACT

MAJOR RANDY MULCH

PHONE: (541) 773-6965



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YOUNG Achiever

Kids that are making a difference

Name:

Jr. Reporter Alice Ungerman



Alice was submitted for consideration as a Jr. Reporter for her love of writing by her mother, Rachel. She lives with her mom, and siblings Kyra White (11), Malley Ungerman (8) and Zenna Ungerman (6). Here is what Alice had to say about why she wanted the position of Staff Jr. Reporter:

Hello, my name is Alice Ungerman. I am eleven and I love writing! I started liking writing when I would write in my journal. My love for writing grew and grew over the years and I began to write stories here and there. I enjoy writing about adventure stories, but I think my favorite types of stories to write are thrillers and comedies. I like writing because you can use writing to express yourself in different ways, which is awesome by the way! You can literally do anything with writing, like writing stories, writing lines for a play, and many more. There are so many different genres of writing, like Romance, Thrillers, Comedies, Mystery, Sci fi, Fiction, Non-Fiction, and many more.

I believe I will enjoy reporting because I will get to interview people. At home me and my sisters would always play news reporter or pretend to be on TV and tell the latest news, but now I will get to do it in real life which I think it would be really awesome! I am excited to have the opportunity to try out new things in the community and be able to write reviews about them. Some skills I have that I think would come in handy with being a reporter are, being ambitious, I am friendly, and charismatic. I also focus and put all my energy into my work.

Thank you for offering me the chance to become a junior reporter. If you pick me, I will put in my best work for the junior reporter, and I will not mind or get offended if you change my work. If you decide to choose me I promise, you will not regret it!

Beauty

Beauty Advent Calendars – by thezoereport.com

While the anticipation of opening a gift on a specific holiday is exciting, the thrill is multiplied when you are able to indulge daily for weeks on end. Which is why the appeal of **advent calendars** are so, well, appealing. And, these days, the quality and options for these multiple-day gift collections run the gamut, especially in the beauty department. Advent calendars no longer produce just chocolate surprises, but all manner of skin care, makeup, **nails**, candles, and other self-care indulgences, as well. Selecting from 12-, 24-, 25-, and even 31-day beauty advent calendars, you can offer a gift that literally keeps on giving – often for a nicely discounted price.

As gifts found in advent calendars are likely miniature versions of best-selling products (great for holiday travel, btw), they can be a great way to introduce someone to different **brands** or formulas that they typically wouldn't splurge on themselves.

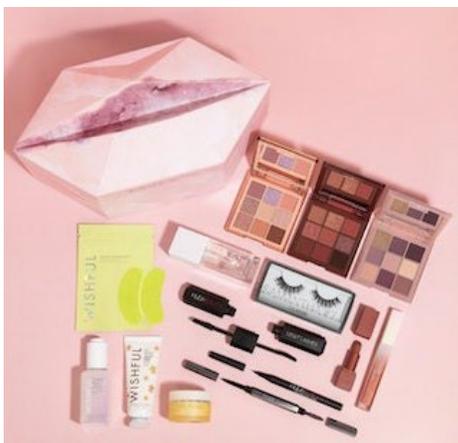
Plus, brands like OPI, Dr. Barbara Sturm, and Jo Malone have jumped on the advent calendar bandwagon. Meaning, 'tis the season to stock up on favorite beauty essentials to carry your friends (and you!) through the New Year.



Diptyque Advent calendar \$480



Sabon Premium 31-Day Advent Calendar \$125



Huda Beauty House of Huda 12-Door Advent Calendar \$88



ASOS Face + Body 25 Day Advent Calendar \$80



Guerlain The Hives of Wonders Advent Calendar \$690

Sweet BABIES

Jonah Lee Reynolds came into the world on 10-7-21 weighing 7.96 pounds and measuring 20.3". He had a lot of dark brown hair, which is now blonde. His doting parents are Ryan and Marina Reynolds, and big sister is Ocean. (Featured on the Kids page!) They live in Sams Valley.

Jonah had a hard time during his birth, resulting in Hypoxic ischemic encephalopathy (HIE) a brain injury that can occur any time there is a decrease in oxygen or blood flow to the brain. Jonah was very blue and purple when he was born, and even though Marina got to hold him for 10-15 minutes, he was whisked to the NICU where they performed some tests on his cord blood and gases, which were abnormal. They put ice on his head and cooling blankets on him for 3 days while monitoring him for seizures. Then they warmed him up for another 3 days. On the 11th, Marina finally got to hold him, then Ryan got permission the following day. The doctors gave Jonah morphine which stopped his breathing a couple times. After an MRI, it was deduced that he had mild brain damage, but they were surprised and impressed how fast he was released, on the 13th.

For the first 7 months, Jonah had PT for his muscles being super stiff. Today, Jonah is a typical normal baby. His mom says he's a good baby, sleeps and eats well, and that he's super silly and he loves big sister, Ocean. He loves watching Miss Rachel videos on YouTube, and will eat any type of food...except avocados.





KID 2

Kid



Photography by Buffy Pollock

FEATURED KID OF THE MONTH

Ocean Lynn Reynolds is the big sister to Jonah, with parents Marina and Ryan. She was born on June 13, 2019 and has an amazing little personality. Her favorite TV show is Gabby's Dollhouse, and her favorite movie is the new My Little Pony movie. She likes nursery rhymes and Christmas music. Showing her athletic side, she can kick and throw balls and loves to dance. She also likes playing the xylophone. Her pastimes include coloring, making bead bracelets, sticking stickers on everything, and doing whatever Mom is doing.

When asked what she wants to be when she grows up, she said she will grow up and make dinner like Daddy! Ryan should be proud.





RESIDENT Recipes

Submitted by **Mary Ann Daniel in Medford**

ENGLISH TRIFLE

Ingredients

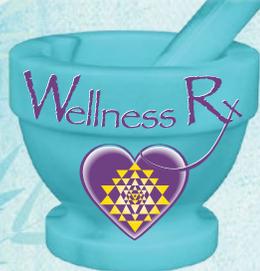
- 1 cup milk
- 1 cup sour cream
- 1 package (3.4 ounces) instant vanilla pudding mix
- 1 teaspoon grated orange zest
- 2 cups heavy whipping cream, whipped
- 8 cups cubed angel food cake or pound cake
- 4 cups sliced fresh strawberries: can substitute blueberries, raspberries

Directions

1. In a large bowl, beat the milk, sour cream, pudding mix and orange zest on low speed until thickened. Fold in whipped cream.
2. Place half the cake cubes in a 3-qt. glass bowl. Arrange a third of the strawberries around sides of bowl and over cake; top with half the pudding mixture. Repeat layers once. Top with remaining berries. Refrigerate for 2 hours before serving.
3. For true English style, can add a little sherry to cake cubes.



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PRECIOUS *Pets*



Peanut and Chia



Peanut



Chia 2 yrs and Peanut 6 months!



Chia

Hi my name is Cindy Marthaller. I have lived in the Medford area since 1982.

I have 2 wonderful Chihuahuas. My girl's name is Chia, for Lil Chia Pet. Haha! She is almost 12 yrs. old. My boy's name is Peanut, because he has peanut butter color on him, hence the name. He is 10 yrs. old. I have had them since they were 8 weeks old.

They don't have many talents except just being sweet and doing a great job of sleeping!! They sit for treats really well. They are very spoiled and loved tremendously! I make all their food and treats. They are 2 very healthy 7-pound Chihuahuas! They both make me so very happy!!!❤️❤️

HOBBIES AND *Crafts*

Easy Crafts at Home – from acrylgiessen.com



Cookie Decorating

This is a fun activity for both kids and adults. Not only can you make and decorate cookies for yourself, but these make great gifts as well. The basic things you will need include a good sugar cookie recipe, as you at least want your cookies to taste nice and look good. You then need some frosting or icing that you can color yourself with food colors. You can make your own piping bag or purchase a piping bag to squeeze the frosting onto the cookie. To round things off, you can add sprinkles or any other topping you like. There are also cookie-making kits you can purchase today, that have all the items and ingredients you need.



Making Rock Candy

This can be an interesting science experiment and you can eat it in the end. To create rock candy, you only need a few things including something for the crystals to form on like a string or popsicle stick. You simply dip the stick or string into some water and then roll it in granulated sugar. You then make a sugar solution on the stove, to which you can add color and flavor. This solution is then poured into a container and the stick with the granulated sugar is suspended in it. After at least several days, you should be able to notice a fair amount of rock candy formation.



Cute Dinosaur Eggs

To do this, you boil some eggs and leave them to cool and dry. Gently tap them on a countertop surface until small cracks appear all over. Try to avoid big shell chunks from coming off. Drop the eggs into a cup filled with water and a little food coloring. Leave the eggs in the fridge for a few hours or more and then remove them from the colored water. Rinse them off and remove the shell to reveal the vein-like colored egg beneath.

Popcorn Wreath

Wreaths are used as a décor item within the home, or they can be placed on the front door during certain holidays. For this project, you need loads of popcorn and if you are making a garland, some string. However, for a wreath, you need a base to work from and this can simply be a cutout piece of round cardboard in a donut shape. You can then glue as much cooked popcorn as you can to the cardboard. As a final touch, you can attach some ribbon and use this to hang the wreath up.

T-Shirt Pillow

This is a great way you can recycle old T-shirts and shirts. The idea is especially nice if the shirt has sentimental value but is too damaged or worn to wear. You can still keep something you love, simply make it into something else. Many use this idea for those loved ones who have passed and make their clothes into something you can keep close and as a remembrance. There are patterns you can use, where you will need to do a bit of sewing. However, there are also no-sew patterns available.

When Christmas or any other holiday comes around, it is the perfect time to get the creative juices flowing. There are many things to make when you're bored during the holidays. This is a time when you can also get everyone in the family involved. Of course, these projects can also be done throughout the year, so that when the time comes, you are ready to go.

- **Christmas tree decorations:** These can be all shapes, sizes, and materials. As simple as hanging up ginger cookies to sparkly, beaded baubles.
- **Christmas garlands:** Garlands can be made from many items including food like popcorn or sweets. You can also use paper, felt, fabric, beads, and lots more.
- **How about a wreath made out of corks?**



Lifestyles – FROM RURAL TO ACTIVE

Cozy Cabin Winter Retreat



Do you enjoy watching the falling snow and listening to the relaxing fireplace sounds and distant wind and blizzard sounds over a hot cup of cocoa? Imagine sitting on the comfortable sofa in this cabin next to the crackling fireplace, with a hot cup of coffee or tea, and enjoying the relaxing fireplace sounds, watching the snowstorm and serene mountain view. Maybe going out and cutting your own Christmas tree. That sounds like a wonderful country Christmas!



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HOLIDAY

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Viva La France by Lyle McCaw

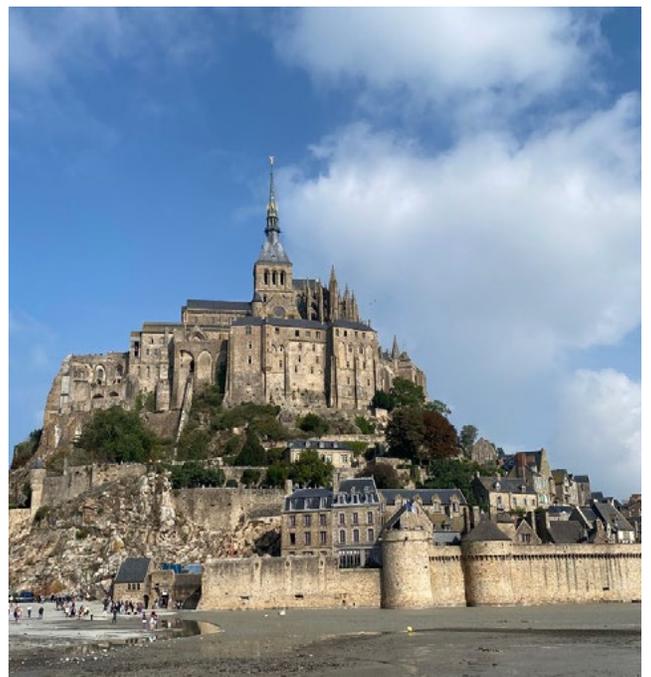
Family at Versailles

Our family takes a trip every year and this year we got to go to France. We spent four days in the northern city of Caen and visited the Normandy beaches and surrounding towns. The WWII museums and cemeteries were humbling and awe-inspiring. You come back with a more profound patriotism after coming to a greater understanding of what America did in liberating France. Le Mont-Saint Michel is a wonderful visit. The monastery built on that island and its town is a must-see.

We loved the pastry shops, restaurants and churches. Had to get used to the restaurants opening at 7pm. Escargot is delicious. We ate it almost every day. And you can't go wrong with the baguettes and macarons. In Rouen, we saw where Joan of Arc was burned at the stake. In a chapel there was a monument to her, and her sword was on display. Such wonderful history.



US Cemetery Normandy



Le Mont-Saint Michel

We then spent 7 days in Paris. Such a beautiful city. We took a sightseeing cruise down the Seine River and saw the city sights. It is an easy city to get around in with the buses, subways and Uber. We got an Airbnb in the Opera district and could walk to places like Notre Dame Cathedral, Eiffel Tower, Louvre, etc.

We spent a day in Versailles and toured the Royal Palace and gardens. Amazing!

We toured the catacombs in Paris, which started as underground stone mines and later became burial grounds. A walking tour around Notre Dame Cathedral was very good. They are hoping to finish the fire repairs in time for the 2024 Olympics. The stained-glass windows in Sainte Chappelle tell the story of the Bible. When it was built the majority of people were illiterate, so the windows taught them the Scriptures. The Louvre is immense. Seeing the Mona Lisa and Venus De Milo were highlights. There was so much to see. I guess we'll have to go back to see more.

Took a tour of the Eiffel Tower. Walked up 674 steps to the second level. Took the elevator down. Such great views. Spent an evening atop the Montparnasse and watched the light show on the Eiffel Tower. Great panoramic views of Paris from Montparnasse. The Arch De Triumph is much larger than I thought it was. Stunning.

We did a lot of research before going and had a plan for seeing all the top sights. We got the City Pass, but once we got to Paris, we found out we also had to get a museum pass for some of the sights, so we had to make some adjustments. But all in all, we were able to do everything we wanted to.

I can't say enough about the French people. They are wonderful. In northern France they still thank Americans for their freedom. If you embrace their culture and make effort to honor the French language and customs, you will be treated wonderfully. This was truly a vacation of a lifetime.



Escargot



Joan of Arc



Eiffel Tower

NEIGHBORHOOD Announcements

Baby Guzzo has arrived! Jasmine Elizabeth Patricia Guzzo



Alexa Ferris and Tanner Wheelhouse got engaged on June 11th, 2022; the wedding is on December 17th, 2022. Something really fun about the engagement ring is that the diamond belonged to Tanner's maternal grandmother and the band belonged to his paternal grandmother, so he had them combined. Their wedding colors are red and purple (their favorite colors) and they're getting married in the church that Tanner helped build as a kid.



BELOVED *Seniors*

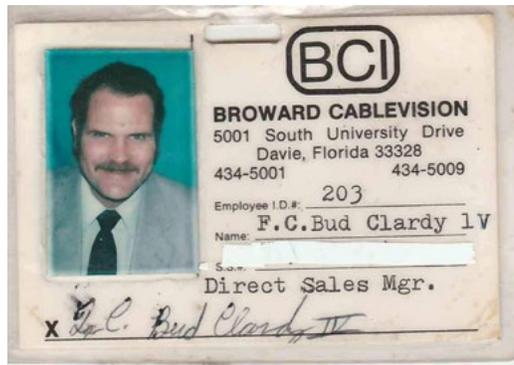
OUR ESTEEMED ELDERS



Dad and baby Bud



Young man in the Navy



Cablevision



Top Sales



Green beer



Pear Blossom



Grinch



Uncle Sam



Shamrock



Bud today

E.C. (Bud) Clardy IV was born in March 1950 to parents Bud and Thelma Clardy in Lexington, KY. As a child, he lived his first 10 years in Kentucky, and the next 10 years in Montana. He said that childhood challenges made him stronger. His dad was 6'3" and started a chain of bars in Florida with two partners. He owned a number of bookkeeping and accounting offices and was a Business Consultant. He always inspired Bud... took time to listen, and taught him to respect everyone, yet never be in awe of anyone. His dad passed in 1983 and he helped shape Bud's mind and heart.

He now lives in Jacksonville, OR, where he has resided for the past 14 years. He worked for 20 years in the cable TV and internet industry, and the last 16 years in the credit card processing business.

For fun, he likes hiking, poker, and investing in the stock market. He is also highly involved with Search and Rescue, and different Chamber of Commerce meetings around the valley. He volunteers at many local charity and community events and can be usually found in a costume!

He gives this advice to young people: "Find your passion in life and pursue it. In Finance, businesses grow, downsize and close. Invest in real estate and stocks to be prepared."

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Natalie M. Wetenhall, Esq.

Natalie provides legal services for individuals, families, entrepreneurs, investors, and companies of all sizes throughout the state of Oregon.

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Thank You FOR YOUR SERVICE | VETERANS



In uniform



Now

Veteran Keith Wittnebel

I was born in Alexandria, Minnesota on March 7, 1950 and raised in Detroit Lakes, Minnesota. After graduating from Detroit Lakes High School, Class of 1968, I joined the United States Navy.

I went to boot camp in San Diego, then to Inshore Warfare training on Mare Island in Vallejo, California. From September 1969 until June 1970 I served with River Assault Squadron 15 patrolling the Cambodian border in the Mekong Delta of South Viet Nam. On March 30, 1970 I was wounded and awarded the Purple Heart. Upon returning from Viet Nam I was stationed aboard the USS Wood County home ported at the Naval Amphibious base in Little Creek, Virginia.

During my time on the Wood County we participated in two NATO cruises where I got to visit and spend time in twenty different ports in ten NATO countries. When the Navy said join and see the world, they kept their word. After the Navy, I returned to my home town in Minnesota until I moved to Oregon in 1986. I became an electrician, a career I pursued for over forty years before retiring from the City of Medford Public Works Department in 2016.

I am a member of the Mobile Riverine Force Association, the American Legion Post 15 in Medford, where I am a Life Member of the Non Commissioned Officers Association, Viet Nam Veterans of America, VFW and the Military Order of the Purple Heart.

As a member of the Military Order of the Purple Heart I have served as Finance Officer, Sr Vice Commander, and Commander of Chapter 147. I have been Commander of the Department of Oregon for the past three years and also am Chief of Staff for Region III.

I have been married to my wife Marta for 30 years and we've lived in the same House in Medford since 1989.

Keith K Wittnebel
Rogue Valley Chapter 147
Department of Oregon
Military Order of the Purple Heart, USA

SCHOOL Time



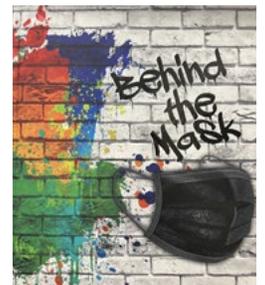
The Phoenix Pirates played for the state title

The Phoenix High School boys soccer team continued its Cinderella run through the Class 4A playoff bracket with a 2-1 penalty kick win (4-3) over Skyline rival Henley in the state semifinals.

The victory advanced the No.14-seeded Pirates to the state championship game against No. 5 seed Ontario that was held on Saturday, November 12. It was held on Falcon Field at Liberty High School in Hillsboro, OR. The Pirates were looking for the school's first boys' soccer state championship after falling short in two previous championship game appearances, in 1995 and 2011. Unfortunately, it was not to be again this year with a loss of 0-1.

To cap off their incredible postseason journey, they had a welcoming Sunday celebration and parade back home after the championship game.

Talent Middle School was one of five schools in Oregon (and the only one in the Rogue Valley) to be awarded a gold medal for its 2022 yearbook by the Jostens National Yearbook Program of Excellence 2022. About 20 students work on the yearbook each year, and Sandra Tringolo is the advisor. Talent Middle School's 2022 yearbook was designed using Jostens Yearbook Avenue and was 68 pages. The theme and cover design were created collaboratively and the cover concept was done by current Phoenix High freshman Zoey Padgett.



On October 21st at 1:15, Talent Elementary students formed a giant "TES" for a drone picture shot by TES's Facilities and Projects Director, Jon McCalip. They wore all pink (Breast Cancer Awareness month). Then right after, they ran around the track and the school for their 5280 (that's how many feet are in a mile) Fun Run. The students love this; a lot of parents come to the fun run and it makes for great video.

Healthy Living

BY ONE PEAK MEDICAL

Could a Yearly Physical Exam Save Your Life?

Over two years into the pandemic, an alarming number of people continue to develop symptoms months after recovering from COVID-19. Maintaining proper physical health can help you live your healthiest and best life. Regular wellness check-ups are essential for identifying symptoms promptly. Without them, you risk falling prey to serious health conditions.

What is a physical exam and why is it important?

An annual physical exam is a head-to-toe assessment of any issues or disorders that could be overlooked if not done regularly. At this appointment with your primary care provider (PCP), you will discuss all aspects of your health.

During the exam, we do a preventative check for:

- Age-appropriate cancer screenings
- Chronic disease screening
- Support to achieve optimal weight
- Hormone optimization
- Sexual health assessment
- Mental health screening

Regular physical exams can help to find health problems before they start. In addition, they can also help to find problems early, when your chances for treatment and cure are better. Physical exams are also crucial for tracking your progress towards your wellness goals – plus they're 100% covered by insurance.

Here are some additional reasons to book a physical exam:

- **Annual checkups help you to assess risk for future health issues.** When you get a physical exam, your PCP can identify signs of disease that could cause future problems. They can then offer treatments to help alleviate symptoms and stop any harmful conditions in their tracks. For example, if you show signs of prediabetes or insulin resistance, we can prescribe dietary changes to help manage insulin levels in the body.
- **Your PCP can assist you in the creation of a wellness routine that is tailored to your specific needs.** Healthcare professionals use different types of techniques and treatments to help you live a healthy lifestyle.
- **Your PCP can administer any tests or screenings needed to diagnose a condition.** Depending on your risk factors, age, lifestyle, and family history, your PCP can assess what conditions you are most at risk for and perform the appropriate screenings and tests to ensure your overall wellness.
- **Physical exams are important for addressing gender-specific health concerns.** Different stages of life require different testing to monitor and manage overall health. Common screenings and tests include STI (sexually transmitted infection) test, PAP smears, and colon cancer screens.

An annual physical exam is an important part of helping you stay as healthy as possible. Remember that this exam is all about you – so it should be tailored to you and is a great time to ask your PCP questions about your health.

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NORTHWEST Recreation

Cost

- \$30 annually

Benefits

- Honored at all Forest Service operated recreation sites in Washington and Oregon where a day use fee is required.
- Allows the pass holder use of recreation facilities at per-person sites. Other members in the party must pay the per-person fee.
- Allows the pass holder and any accompanying passengers in a private vehicle use of the recreation facilities at per vehicle sites.
- Passes are interchangeable between all members of the same household.
- Frequent visitors of national forests may save money by buying an annual pass.
- Reduces Forest Service administrative costs therefore allowing more dollars to go toward improvements at recreation sites.
- One free decal may be issued per Annual Northwest Forest Pass for visitors who have an open topped vehicle (Jeeps, etc.), or motorcycles. **Decals** are available at Forest Service offices only.

Validation

- Validated by the seller.
- Valid for one year from the last day of the month issued. For example, a pass validated June 2022 will expire on June 30, 2023.
- Pass holders will establish ownership of the Annual Northwest Forest Pass through signature. The Annual Northwest Forest Pass includes spaces for the signatures of the two household members who will most frequently use the pass. The Annual Northwest Forest Pass enables all members of the household to use it regardless of who has signed it. The pass must be signed to be valid.

Display

- Purchaser must sign the front of the pass for it to be valid.
- The pass is non-transferable.
- Hang on rear-view mirror in vehicle displaying their signature and expiration date.

How to get this pass

- Visit a **Forest Service office in the Pacific Northwest**
- Local Businesses, **find a vendor in your neighborhood**
- Online at **US Geological Survey, REI, Oregon Parks Forever, or at Discover Your Northwest Forest.**

Participating Recreation Sites

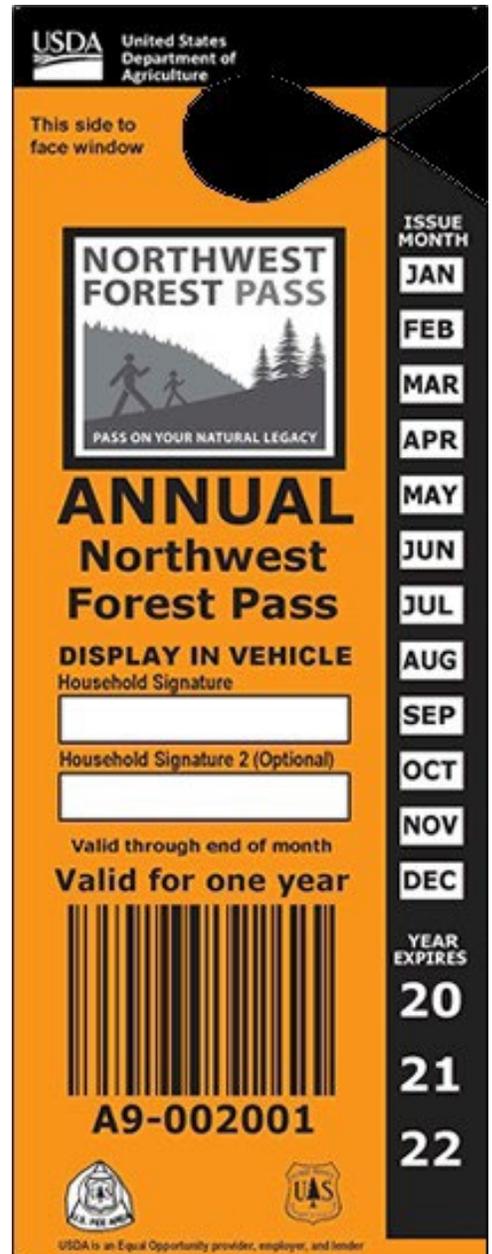
- Honored at **Forest Service operated day use recreation sites in Oregon and Washington.**

More Information

- Call Outdoor Recreation Information Center at 1-800-270-7504

Annual Northwest Forest Pass

– from <https://www.fs.usda.gov/detail/r6/passes-permits/recreation>



ROGUE VALLEY *Living Giving*

The nonprofits listed below, in alphabetical order, have given us permission to be listed, along with their mission statements. All are worthy of your time, talent and resources, and are a gift to our Rogue Valley community. If you would like your charitable organization listed here FREE, please contact Editor@RogueValleyLivingMag.com

Cascade Girl.org

Our mission is to save bees and other agricultural pollinators. Our most visible product right now is our class for veterans.

www.cascadegirl.org

Sharon

541-951-5595

Here is a link to the story. We also got into the Mail Tribune!

<https://www.stripes.com/veterans/2022-09-04/veterans-beekeeping-oregon-7210803.html>

Collaborative Theatre Project

CTP is dedicated to producing high quality theatrical events and community outreach projects to enhance the lives of our artists and our community.

<http://www.CTPMedford.org>

541 779-1055

CTPOregon@gmail.com

Family Solutions

Family Solutions' mission is to provide mental health services - creating opportunities for healing with children, adults, and families.

Serina Pori

Development Director

Family Solutions

spori@solutionsor.org

Must Love Boxers

Our organization strives to rescue, rehabilitate, and rehome unwanted and abandoned Boxers within Washington state, Oregon, and surrounding areas.

mustluvboxersrescue.com

Robert And Kimm King

Southern Oregon Coordinators

541-291-6122

Pacific Bible College

Pacific Bible College is a Christ-centered learning community committed to equipping students to become biblically competent, academically proficient, spiritually cultivated, and culturally-engaged servant leaders.

Elijah Thomas

Pacifibible.edu

503-437-5883

Reclaiming Lives/Recovery Café

We provide hope and stability for those struggling with addiction through recovery planning and long-term support in a place where everyone is loved and accepted.

Stephanie Mendenhall

228 East H Main Street, Suite H

Medford, OR 97501

541-292-1618

<https://reclaiming-lives.org/>

Riding Beyond

Opening Doors to the Future since 2013. Riding Beyond enhances the well-being of breast cancer survivors, their friends, families, associates, and others with life challenges through therapeutic horse/human interactions.

Trish Broersma, CTRI, ES, MA

541.482.6210

ridingbeyond.org

Rogue Community College Foundation

Make an investment in college students, our community of tomorrow, with a charitable or estate gift.

Contact the RCC Foundation at (541) 956-7293, rccfoundation@roguecc.edu or <https://foundation.roguecc.edu/>

www.rccfoundation.org

Rogue Retreat

Mission Statement: To create opportunities for those experiencing homelessness to have hope.

711 E. Main St. #25

Medford, OR 97504

541.499.0880

joe@rogueretreat.org

rogueretreat.org

Salvation Army

Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Gail L. Evans

Administrative Assistant to the Executive Director of Development

The Salvation Army, Cascade Division

503-794-3271

<https://jacksoncounty.salvationarmy.org/medford/>

Sanctuary One

Mission: To provide a refuge for animals and a healing place for people while promoting environmental stewardship.

Vision: People, Animals & the Earth: Better Together

megan@sanctuaryone.org

info@sanctuaryone.org

13195 Upper Applegate Rd, Jacksonville OR 97530

541-899-8627

<https://sanctuaryone.org/>

ShopDowntown.org

Mission Statement: Discounts for customers. Support local businesses. Fight Cancer.

Contact: Daniel Wells | dwells97504@gmail.com | 458-225-4626

Website: <https://shopdowntown.org/>

Southern Oregon Humane Society

<https://www.sohumane.org/>

adoptions@sohumane.org

2910 Table Rock Road

Medford OR 97501

541-779-3215

SPIRITED Tastes



We wanted to feature Trium Wines this month, as they hosted a tasting party for RVL (See RVL Events) and while they aren't as well-known as other local wineries, they produce some excellent wines! Here's a message from Anthony Corallo from their website, triumwines.com:

Welcome to Trium. We are a small winery with its roots started by the Lotspeich family who have a dedication to quality and encompass farming in a responsible way with the lightest touch on the earth. When they planted their first grapes in 1990 they set out to produce the very best wine from site appropriate varieties. That is still our dedication and focus. Each season brings us new challenges and opportunities to create something special. Our dedication to quality encompasses the selection of the finest grapes available in the Rogue Valley.

Trium comes from Latin for "of three" and was founded by 3 couples with a vision of fine wine farmed with wisdom and care, in collaboration with well-trained winemakers, to best express the potential of Southern Oregon. They each contributed grapes and hard work to establishing Trium. As the last "of three", Laura Lotspeich felt the need to reduce her commitment in the wine industry and refocus her life. In the fall of 2017, she passed on the torch to our new owner. Trium's blend "of three" varieties Merlot, Cabernet Sauvignon and Cabernet Franc comprise our Growers' Cuvée. This continues to be our flagship and signature wine.

Just as the vineyard grows and evolves each year Trium has grown and changed as well. As the new owner of Trium Wines, we are still dedicated to Trium's founding focus of excellence.

We hope you enjoy the results as much as we do.

Anthony Corallo
Vintner and Owner



A bit about their flagship wine, Grower's Cuvée:

We are the growers and we create the blend or cuvée — hence the name of our flagship wine — Grower's Cuvée. To create this wine we choose grapes that express the terrior from our eco-friendly farm, require careful crafting in the winery, blend for the best expression of the vintage and then bottle age it to fully develop its subtleties. Blending creates layers of flavors enhancing complexity, pleasant mouth feel and a lingering finish. Greater than the sum of its individual parts, Cuvée is a culmination of efforts that result in an exceptional bottle of wine. Explore it often with meals or on its own, share it with friends and come back often for more. A classic wine by design.





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EMAIL
torreypines@charter.net



RVL Events - Trium Wine Tasting Event

by Linda Carter

Rogue Valley Living sponsored a wine tasting event at Trium Wines on November 3rd. Located in Talent, OR at 203 East Main Street, it's a small, unassuming storefront, but as you walk in, there's a welcoming bar, spacious sitting areas, a large kitchen, and a huge outdoor deck with umbrellas and heaters. Carmen Munoz, the Tasting Room Manager set up the event for us. Attending were Brigitte Nickel, Skye Carter, Don McCoy, Roland and Mary Ann Daniel, Lisa Petrini, Crystal Bunker, Tish Dorsh, Wendy Roberts, and myself.

Conversation was buzzing and as we went around the room, each attendee had plenty of time to talk about their lives, their businesses, their hobbies, and how they fit into Rogue Valley life. With guests hailing from Ashland to Rogue River, there was a lot of diversity in backgrounds.

All guests were given 'scoresheets' to rate the different wines from 1 to 5. The first sampling was a 2018 Chardonnay where the grapes are from Naumes Vineyard in Talent. Steeped in French oak barrels, the taste was light and fruity, according to one guest. Another said light and fresh, while another said it was smooth. The Chardonnay rated a 4.2.

Next we were served their flagship wine, Grower's Cuvée 2017. It's a blend of 44% Cabernet Sauvignon, 33% Merlot, and 22% Cab Franc. It was very smooth. Interestingly, this garnered the lowest score at 3.6, although it was my favorite.

Lastly, we were poured a 2020 Early Muscat, which was also deemed light and fruity. One attendee likened it to Gewurztraminer, which is an aromatic white wine grape variety. It is often described as having a heady, blossomy, floral, and perfumed aroma, and most widely associated with German wine. It was also most everyone's favorite, coming in at 4.4.

When asked what they enjoyed most about the event, overwhelmingly, it was the cozy atmosphere and the people attending. Comments were 'the diversity of guests', 'hearing people's stories', 'meeting people and exchanging stories', 'participating people', 'networking', and 'getting to know people'.



Street Entrance



Most of the group, Tish, Brigitte, Linda, Roland, Don, Mary Ann, Wendy and Lisa



Award Winning Wine



Full group



Mary Ann, Wendy, Lisa and Crystal

This is why these events are so powerful, as a way to build friendships and community. Our next one won't be as intimate, as we can host 200 people on December 9th at an adult Puppet Karaoke. It's only adult because it's been known to have an expletive slip out from an audience member during a performance. We always run clean events. It will be held at the Jackson County Library from 7-9pm and all of you are invited that RSVP to editor@RogueValleyLivingMag.com. Should be a rousing good time and we will see you there!



Lounge



Happy tasters



Bottles on the wall



Group hug, Crystal, Lisa, Wendy, Linda, Skye



Linda and Roland



Mary Ann in thought



Lisa watching the pour

Photography by Skye Carter

FINANCIAL *Fitness*

HOW TO GROW AND KEEP YOUR MONEY

Just Do It – by Courtney Tacchini

Not sure about you, but I have let the overwhelming sense of burden keep me from taking care of some business! I still keep a paper planner; can you believe that? I have a sticky note with “will” written on it that I have moved from week to week for an innumerable number of weeks. My excuses range from the fact that we haven’t gotten around to setting up a trust and my husband and I needed to reconsider who we wanted to ask to be the guardian of our children if we should pass at this stage in our children’s lives. I was daunted by choosing a platform to execute our wills and I haven’t sat down to compile financial documents. And we own a business... The list goes on and on.

I don’t know if it’s possible to feel shame in the Good Place, but I’m pretty sure I would be the one who could figure out how to feel terrible from there if I left a mess for my family. It was time to finally take some action! I mean, we have three kids for Pete’s sake! Of course any comments listed here are from my personal experience, I am not an attorney and this is not legal advice or intended to replace the work of an attorney.

An executable will can be completed online (if you are feeling up to the challenge and want to save a bit on the fees) and will need to be notarized. Of course, meeting with an attorney is supremely preferable. Either way to get started, the things you should prepare in advance with your spouse, if applicable:

- **Decide on your personal representative (executor)**, other than your spouse (if applicable) – be sure to check with your desired representative now if they are comfortable with the responsibility of carrying out your wishes and financial matters.
- **Choose your guardians** – for your children and don’t forget your pets!
- **Select your beneficiaries** – think about who you want to get your stuff, especially if you have specific wishes for certain items
- **Consider charitable giving** – think about what amount, if any, you’d like to set aside for causes you care about after other items have been settled

You can always update your will with the online platform or with an attorney later if you change your wishes or (like me) do a better job of getting your STUFF together with a trust, etc.

I was so relieved to get something in place so at least it wouldn’t be incredibly awkward and difficult for our family if we did happen to pass early in life (God forbid!!).

If you have been stuck like I was in this area, I would encourage you to get out there and take care of business! I’d be happy to share more of my process if you are hesitating! Reach out! You will be so glad you did and maybe surprised at how quick it came together!



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AUTO *Buzz*

When Will Car Prices Drop? From J.P. Morgan Research



While new car prices declined -1.4% in September from August's all-time high, they will likely remain elevated through the end of 2022 as inflationary pressures persist, before easing slightly in 2023.

"There's still a lot of inflation bubbling up in the new vehicle supply chain. Even though raw material costs are falling, suppliers have a lot of other higher non-commodity costs — diesel, freight, shipping, logistics, labor, electricity — to pass on to automakers," said Brinkman.

In addition, the effects of the chip shortage will continue to linger. Companies will need to rebuild inventory, meaning wholesale demand will compete with retail demand, putting a floor on new vehicle prices. "Through the end of 2022, new vehicle prices are likely to hold strong and may even rise from these high levels based upon ordinary seasonality, which typically sees prices track highest in December of each year," added Brinkman.

In the used car market, prices are already starting to drop as the market cools, having seemingly peaked earlier in 2022. As new car production gradually ramps up, demand for used cars will continue

to moderate. In the U.S., the Manheim Used Vehicle Value Index — which measures the prices dealerships pay for used cars at auctions — hit a high of 236.3 in January 2022 and has since fallen to 204.5 in September 2022.

"There are some glimmers of normalization, with prices finally easing somewhat, though conditions remain far from normal. Looking ahead, we expect much less moderation in new vehicle prices than in used vehicle prices," said Brinkman. Overall, J.P. Morgan Research predicts that prices will decline by around 2.5% to 5% for new cars and by 10% to 20% for used cars in 2023.

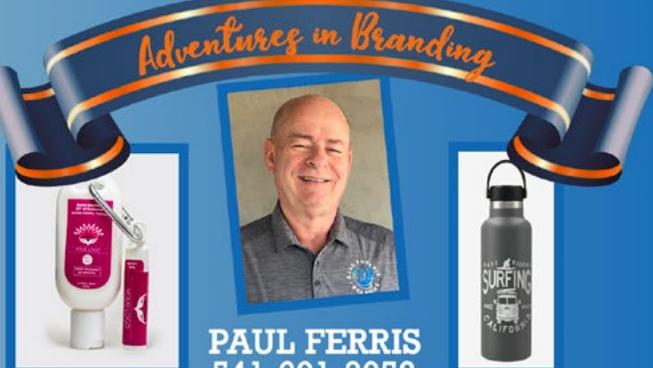
However, lower new vehicle prices in 2023 may not translate into higher demand, especially in light of rising interest rates. "80% of Americans who finance or lease their vehicle may not experience any relief, given that a 100 bps rise in interest rates translates into an approximately \$20 increase in monthly cost for the average \$45,000, 72-month loan," noted Brinkman. "This potentially offsets the impact of lower vehicle prices."



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TECH *Talk*

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Canon IVY Wireless Mini Photo Printer

\$90 AT AMAZON

Available in rose gold, mint green, and slate gray, Canon's IVY mini photo printer allows photographers to print 2-by-3-inch photos with peel and stick backing directly from a smartphone.



Ember Temperature Control Smart Mug 2

\$120 AT AMAZON

This smart mug keeps your drink at the exact temperature you choose for up to an hour and a half on a single charge. You'll never have to worry about drinking cold coffee again.

More: Buzzy Gifts for Coffee Lovers



3 Smart Water Bottle

\$60 AT AMAZON

There's a fitness tracking device for nearly every need, so why wouldn't there be one for hydration levels? And besides, who doesn't need a little reminder every once in a while about taking a sip of H2O? This bottle glows when it's time to drink more water, at specific intervals. Think of this as the easiest way to up your quality of life.



Click and Grow Smart Garden

\$70 AT AMAZON

Green thumbed technology lovers will quickly fall for this smart garden, in which you can grow fresh herbs and vegetables indoors, thanks to an LED light that can withstand a range of climates.



Best for the Mixologist - Bartsian Premium Cocktails on Demand

\$370 AT WILLIAMS SONOMA

Never mind the cocktail shaker, this Bartsian cocktail maker system uses a cocktail capsule to mix you up a professional-tasting cocktail in just a few seconds.

More: Alcohol Subscription Boxes for the Cocktail Lover



Remarkable reMarkable 2

\$279 AT REMARKABLE.COM

Behold, a tablet that even the most committed luddite among us will appreciate. For those that love to take notes on a pad and paper—the tactile experience—Remarkable allows you to use it as a regular cloud-connected notebook. Not only can you take notes directly on PDFs, but all your notes will be organized and accessible across your devices.



Apple AirTag

\$29 AT APPLE

Apple's recent innovation is shaping up to be one of the biggest tech items nobody wants to go without. The AirTag acts as a versatile, easy-to-use tracking device. **Slip it into your luggage when you're traveling**, or add it to your keyring, then enjoy the peace of mind knowing that you're only a few clicks away from finding your belongings.

More: 15 Luxury AirTag Accessories

Fashion

FORWARD

Holiday Fashion Trend 2022 - by Popsugar.com



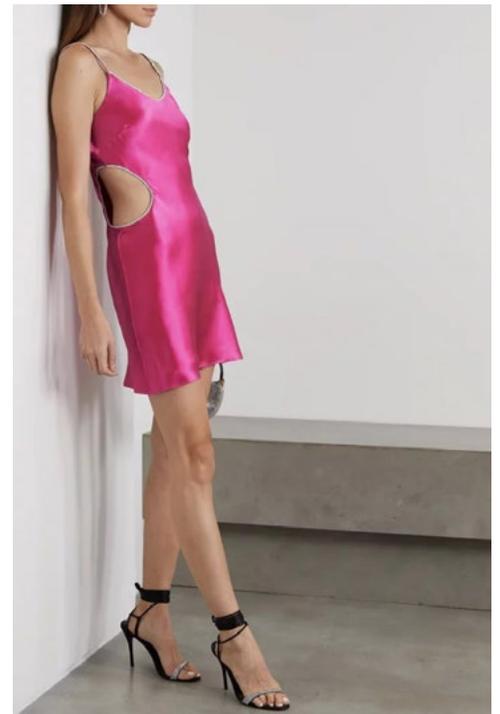
A Rose Offering

Florals get an elegant holiday twist with this season's array of rose-embellished garments. Mara Hoffman is leading the charge with a strapless midi dress that features ruffled rosettes as each cup. Meanwhile, Magda Butrym's similarly designed swimsuit can totally pass as a slinky going-out top, when coordinated with slacks and heels.



Embellished Cutouts

This season's cutouts are edged with embellishments that turn them into statement-making details. Take Rebecca Vallance's orange minidress, for example: a row of braided crystals line the midsection cutouts, giving the look a strong visual punch. The same goes for the Mach & Mach blazer-style dress, which boasts slitted sleeves secured by dainty crystal bows.



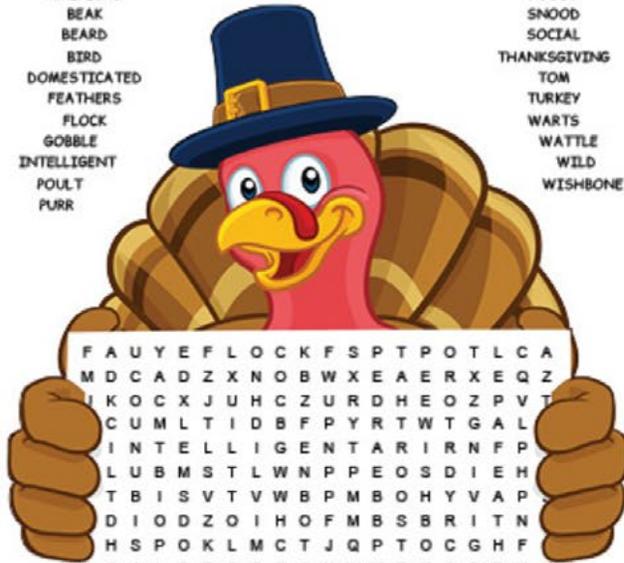
PUZZLE AND Fun Corner

Name: _____ Date: _____

IT'S ALL ABOUT THE TURKEY

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BEAK
BEARD
BIRD
DOMESTICATED
FEATHERS
FLOCK
GOBBLE
INTELLIGENT
POULT
PURR

ROOST
SNOOD
SOCIAL
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TOM
TURKEY
WARTS
WATTLE
WILD
WISHBONE



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M D C A D Z X N O B W X E A E R X E Q Z
I K O C X J U H C Z U R D H E O Z P V T
C U M L T I D B F P Y R T W T G A L
I N T E L L I G E N T A R I R N F P
L U B M S T L W N P P E O S D I E H
T B I S V T V W B P M B O H Y V A P
D I O D Z O I H O F M B S B R I T N
H S P O K L M C T J Q P T O C G H F
B F A L P D E G P A K W Y E N C S E V M
P N C R A Y E K R U T H A T E B K R I S
M R I T K I I A F E Z E O R H Z N S L V
O N R R Z P C N W U L M D B T E A Q K M
M X E U B C V O F G F G E I I S H S P X
T A M T P U N B S I D A C R K S T H M L
K F A N P O U L T X K S D D G O B B L E
W A T T L E S N O O D I U Z B F Q N E M

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

© 2022 puzzle-to-print.com

Odd Thanksgiving Fact:

Did you know that there were no forks at the first harvest celebration with the Pilgrims and the Wampanoag?

Apparently forks did not come to the colony until about ten years after the first Pilgrims arrived. It was knives and spoons all the way around.

THANKSGIVING Cryptograms

DIRECTIONS: Can you solve these Thanksgiving ciphers? Each of the three different cryptograms has a different solution key. Answers on the next page.

1. UR XMFG UZCJWD MJ DRQMUABG MD GJRAXZ. UZCJWDXMF MJX ZCD HMJXD CJB XRGD HZGNG MU TADU XR. IRAN ENCIGN WJRHD TAYZ TRNG CKRAU MU UZCJ IRA BR.
~FMYURN ZAXR

2. OJHDZNSUAUDS PUDDCXN OHZC CUSJOCDD JWVXN OV YXCYHXC. OJCT HXC FVDNWLCP UD ORCMAC LUDWOCN. JHMI-OULCN OHZC ORCMAC LUDWOCN. OJUN UN DVO FVUDFUPCDFC.
~CXLH KVLKCFZ

3. JTO GRXK PGB CTOPUPZ BUNK UNE AUZKN, JTO OGEN RPF EKGANGO TJ NKG PUZKN, JTO KGRANK RPF JTTF, JTO ATDG RPF JOUGPFE, JTO GDGOLNKUPZ NKL ZTTFPGEE EGPFE.
~ORAQK BRAFT GCGOETP



Photography by Roland Daniel

Solutions to the Cryptograms

1. To give thanks in solitude is enough. Thanksgiving has wings and goes where it must go. Your prayer knows much more about it than you do.

~victor hugo

2. Thanksgiving dinners take eighteen hours to prepare. They are consumed in twelve minutes. Half-times take twelve minutes. This is not coincidence.

~erma bombeck

3. For each new morning with its light, for rest and shelter of the night, for health and food, for love and friends, for everything thy goodness sends.

~ralph waldo emerson

HOME *Matters*

14 Ways to Winterize Your Home
- By Valerie A. at Lowes.com



Some great tips from the folks at Lowe's to prepare your home for the winter. Click on each one to get more information.

- **Protect Your Pipes**
- **Add Weather Stripping to Doors and Windows**
- **Check Your Fireplace**
- **Clean the Gutters**
- **Block the Cold**
- **Get a Programmable Thermostat**
- **Protect Your Plants**
- **Bring in the Outdoors**
- **Maintain Your Outdoor Equipment**
- **Save on Your Energy Bills**
- **Make Your Furnace More Efficient**
- **Be Roof-Ready**
- **Protect Windows From Heat Loss**
- **Time to Stock Up**

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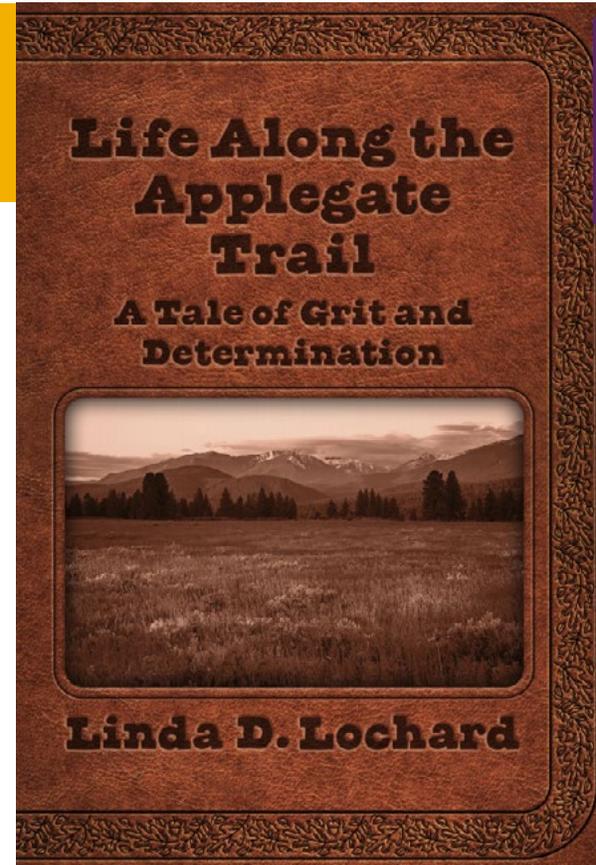
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Entertainment



About the Author, Linda Lochard

I was raised to "get involved, give it everything, and finish what you start".

My story is about a true test of the grit of the westward movement and the settlers that "finished the job". The diaries of 1843 and the 1996 Applegate Wagon Train reenactment gave me a glimpse that I needed of these brave pioneers who settled the Territory of Oregon.

Just as it was to the settlers in 1846, the reenactment trip was life altering for me. It took us 51 days in 1996, nothing at all like the six months it took on the trail in 1846.

We knew where our food and water were coming from and didn't have to worry about Indian attacks every day. Those traveling 150 years before us did not have that luxury. They spent every minute moving ahead by faith and guts.

For us, the reenactment became our own reality, and we made our own history. After all, how could we have known that this trip would wrap us up in the westward movement as we "loaded up and stepped out".

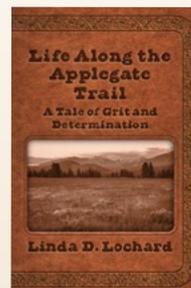
I invite you to prepare to travel to another time with these brave souls. Step into the story, smell the dust, and walk until your shoes no longer have soles.

Whatever you do, whatever happens, keep moving.

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BUSINESS *Beat*



15 Best Businesses To Start in 2023

by Dave Lavinsky

If you're looking for business ideas for 2023, you've come to the right place. Creating your own business is a great way to become your own boss and achieve financial independence. And, with the right business idea, you can start generating income from day one. But what are the best small businesses to start in 2023? To help you find the right business idea, we've compiled a list of 15 business ideas that we think are best positioned for success in 2023.

1. Content Marketing

If you're a good writer and have something valuable to say, content writing and blogging could be the perfect business for you in 2023. In today's digital world, more and more businesses are in need of high-quality content. From blogs to website copy to eBooks, there's a huge demand for writers who can produce engaging, well-written content. For this online business idea, you can either start your own blog and generate income through advertising or work with businesses as a freelance writer. If you choose to work with businesses, you can offer your services on freelancer sites like Fiverr or Upwork.

2. Virtual Assistance

As businesses increasingly move online, the demand for virtual assistants is also on the rise. A virtual assistant is basically an online personal assistant. As a virtual assistant, your job will be to help other businesses with a variety of tasks, including scheduling appointments, managing email accounts, and more. To get started as a virtual assistant, you can create a profile on sites like Zirtual and Upwork. Once you have a profile set up, you can start applying for jobs.

3. Web Development and Design

If you're good with computers and have an eye for design, web development and design could be the best business to start in 2023. In today's digital world, nearly every business needs a website. As a web developer or designer, you can help other businesses create the perfect website for their needs. To get started in this business, you'll need to learn some basic coding and web design skills. If you don't have these skills yet, you can take some online courses to learn them. Once you have the necessary skills, you can start offering your services on freelancer sites.

4. Digital Marketing

As more small businesses move online, they need to find new ways to reach their target audiences. That's where digital marketing comes in. As a digital marketer, your job will be to help businesses promote their products or services online. This can involve Search Engine Optimization (SEO), creating and managing social media marketing posts, developing paid marketing campaigns for pay-per-click and social media platforms, managing the online reputation, and more. If you want to get started in digital marketing, the best way to do it is to start your own blog. This will give you a platform to showcase your skills and attract potential clients. Once you have a few clients, you can start offering your services on freelancer sites.

5. Affiliate Marketing

Many people swear by affiliate marketing, which makes it another great online business idea for 2023. Affiliate marketing is a type of performance-based marketing in which a business rewards an affiliate for each new customer that they bring to their site. As an affiliate marketer, your job will be to drive traffic to a business's website and then earn a commission on any sales that you generate. To get started in affiliate marketing, you'll need to find businesses that offer affiliate programs. Some examples of businesses that offer affiliate programs include Amazon, Clickbank, and CJ Affiliate. Once you've found a few businesses that offer affiliate programs, you can start promoting their products on your blog or social media accounts.

6. Graphic Design

If you have an eye for design, graphic design could be the perfect business for you to start in 2023. In today's digital world, successful businesses need high-quality graphics for their websites, social media platforms, and marketing materials. And, as a graphic designer, you can help them create those graphics.

To get started in this business, you'll need to learn some basic design skills. If you don't have these skills yet, there are plenty of online courses that you can take to learn them. Some examples of online courses include Udemy, Skillshare, and Lynda.com. Once you have the necessary skills, you can start offering your services on freelancer sites.

7. Food Delivery Service

Another great small business idea for 2023 is a food delivery service. With more and more people working from home, there is a growing need for food delivery services. While operating a food delivery service, your job will be to deliver food from restaurants to people's homes. To get started in this business, you'll need to find a few local restaurants that are willing to partner with you. Once you have a few partners, you can start promoting your service on your blog or through social media platforms. You can also sign up for a food delivery service like DoorDash or Postmates.

8. Sell Your Crafts

If you're a creative person, one of the best small business ideas to start in 2023 is selling your crafts. This can include anything from paintings and sculptures to jewelry and clothes. To get started, you'll need to create a portfolio of your work. You can then start promoting your business on your blog or social media accounts. You can also sell your crafts on sites like Etsy and Amazon Handmade or at local craft fairs and consignment shops. There are numerous opportunities for selling your crafts, so you'll need to get creative and think outside the box.

9. Dropshipping Business

Dropshipping is a type of online business in which you sell products that are shipped directly from the supplier to the customer. As a dropshipper, your job will be to find suppliers, create a website, and then promote your products. When a customer orders one of your products, you will simply place an order with the supplier and have the product shipped directly to the customer. To get started in dropshipping, you'll need to find a supplier and create a website. You can then start promoting your products on your blog or social media accounts. You can also sign up for an e-commerce platform like Shopify or BigCommerce.

10. App Development

With more and more people using smartphones, there is a growing need for apps. And, as an app developer, you can help small businesses meet this demand. Apps are used by a variety of industries, so there is always a need for an app developer. To get started in this business, you'll need to learn how to code or hire someone who knows how to code. Some resources that can help you learn how to code include Codecademy, Udacity, and Treehouse. Once you have the necessary skills, you can start offering your services on freelance writing sites. Or you can build your own app and sell it on the App Store or Google Play.

11. Online Tutoring Business

If you're a teacher or expert in a particular subject, one of the best small business ideas to start in 2023 is an online tutoring business. Online tutoring allows you to reach a larger audience than you would if you were teaching in a traditional classroom setting. To get started in this business, you'll need to create a website and promote your services. You can also sign up for a tutoring platform like Tutor.com or Wyzant. Once you have a few students, you can start teaching them online via Skype or Google Hangouts.

12. Pet Grooming Business

Pet grooming is a service-based business that is perfect for animal lovers. In this business, you will provide a variety of grooming services to pet owners, such as bathing, brushing, and nail trimming. To get started, you'll need to find a few clients and create a portfolio of your work. You can then start promoting your business on your blog or social media accounts. You can also sell your services on sites like Rover or Wag.

13. Online Medical Supply Business

One of the best small business ideas to start in 2023 is an online medical supply business. In this business, you will sell medical supplies and equipment to directly to customers or to businesses. To get started in this business, you'll need to find a supplier and create a website. You can then start promoting your products on your blog or social media accounts. You can also sign up for an e-commerce platform like Shopify or BigCommerce.

14. SEO Business

SEO or Search Engine Optimization is the process of optimizing a website for Google and other search engines with the goal of earning higher web traffic levels and improving the visibility of the site. As an SEO consultant, you will help businesses improve their website so that it ranks higher in search engines. To get started in this business, you'll need to create a website and promote your services. You can also sign up for a freelancing platform like Upwork or Fiverr. Once you have a few clients, you can start offering your services.

15. Consulting Business

Consulting is a service-based business that involves giving advice and providing solutions to businesses and individuals. As a consultant, you will use your expertise to help businesses grow and improve within your specific niche. You can be a consultant in a variety of industries, such as marketing, management, finance, or even technology. To get started in this business, you'll need to create a website and promote your services. You can also reach out to local businesses and offer your consulting services. Once you have a few clients, you can start charging for your services.

HOME of the Month

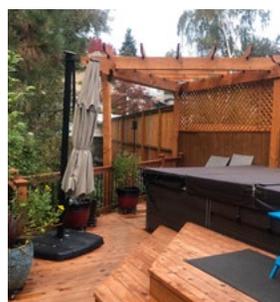
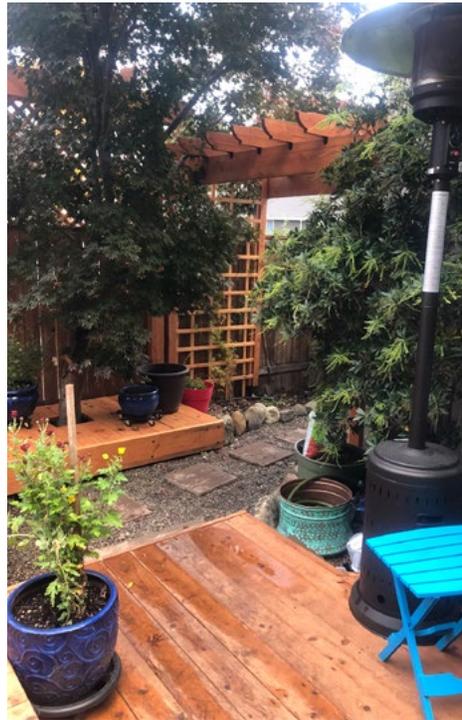


by Vincent Tacchini, Photos by Courtney Tacchini

Located at 3059 Sycamore Way in Medford, Matias, Rebecca, Quinn, and Mia their dog, has made this house their home. Their favorite room is Quinn's room that was decorated by Quinn and Rebecca.

They have been living in their house for about 5 years and only recently put in a new back deck using a general contractor. Their goal for the outdoor space was more living space and also for the hot tub/pool. They decorated the whole house, room by room. I asked them if they decorated their house from scratch, and to my surprise, they said yes! The one thing they thought about changing after remodeling was all hardwood floors instead of mostly carpet. Finally, their advice to spruce up your living space is to look at Pinterest for inspiration.

Note – some color variations due to lighting. Actual color is more blue-gray.



FOCUS ON THE ARTS

Art, Music, Theatre



MICHAEL D. DAVIS
ARTIST . WRITER . MENTOR

MDDA Studio . thedavisartslegacy.com
instagram . facebook . twitter



Almeda



Katsu



Java Jitterbug Jive



Rouge Sur Rouge

MICHAEL D. DAVIS - THE DAVIS ARTS LEGACY

Perhaps it was the creative roots underlying the small town of Ashland's history which influenced and nurtured Michael D. Davis's interest in the Arts. There is no denying that the fertile foundation of talent Ashland is built upon has been influential in developing his own appreciation of the role a rich history plays in the creation of a personal legacy.

Michael, a Southern Oregon native, artist, writer and mentor, was born and raised in Ashland which has long been recognized as a focal point for creatives. Ashland often finds itself the center of worldwide attention as a destination for people seeking an intellectual and creative enclave to visit or put their own roots down in. These roots grow deep, and are fully intertwined with Michael's own creative interests and endeavors.

After graduating from Ashland High School in the mid-seventies, Michael enlisted in the military where he was trained and served as a combat photographer. After completing his tour of duty overseas, he returned to Oregon, eventually settling in Medford. He then spent several years contributing to various roles within the photographic industry of the Rogue Valley, from sales, to photo finishing, to managing an independent portrait studio.

In March of 1992 Michael opened his own studio in Medford and has been working out of it since. In 2004 he was recruited by a San Francisco startup to fill an important creative and educational position within their nationwide wedding brokerage company. Michael spent four years traveling throughout the United States, as a primary photographer and trainer, to hundreds of photographers, assisting the company in the evaluation and onboarding of new talent. Later he served

as the national event photographer for international painter and artist Michael Israel, while living part time in Florida and continuing to run his Oregon studio.

Since 2014 Michael has served as photographer for the Medford Parks and Recreation Department while continuing to devote his career and life to his chosen craft and teaching. He continues to operate his studio and has expanded his educational offerings to classes centering on the importance of art and creativity to individual wellbeing and legacy building. His first book, titled "Start Here", will be published in early 2023. You might think that perhaps it's a photo art book of his work, however, it isn't. It is the first of a series on the subject of practicing creativity in all facets of life and the importance of building a personal legacy.

Recently Michael has been working in a style of artwork that combines aspects of digital photography, computer enhancement and hand painting he has named Pel Mache', which literally means to mash up pixels. The images here are examples of this style which can be seen at his studio, and on his website at thedavisartslegacy.com

For more information about Michael, his photography services, purchases of Pel Mache' artwork, or availability of classes and private mentoring, please Email michaeldavis@mddastudio.com

Studio Location (by appt. only please)

33 N. Central Ave. Suite 212

Medford, OR 97501

GOOD

Eats

CATERERS IN THE VALLEY

This month, we'd like to list some highly recommended caterers for your holiday party planning. In no particular order, they are:

Kaylin's Kitchen Catering, LLC, 2630 Wyatt Drive, Medford, 541-646-0657

"Kaylin's Kitchen Catering LLC brings refined global cuisine and exemplary service. I graduated culinary school 2021 with a 4.0. I can cook many different cuisines for many different occasions. . I cook healthy and fresh foods with my own added twist to spice it up, so to speak. I can work with special diets. Need a holiday dinner made? I can do that. If you just need someone to come in once a week and cook meals for you I can do that."



Boards En Fleur

Ashland Gourmet Catering, 2325 Siskiyou Blvd, Ashland, 541-622-2761

"LET US CATER YOUR CULINARY NEEDS Alexandra Delaris Hannah has a consuming passion for details, presentation and above all, taste. As a Top Chef, Caterer, and Event Coordinator in southern California for more than 30 years, and now more than 12 years in southern Oregon, she may just love what she does and how she does it!. Alexandra has catered hundreds of special events and parties for private clients, corporations, (including City of Hope, Duarte, CA, Anheuser Busch, USC and UCLA Universities, Disney Imagineering), as well as many A-List celebrities and world class entertainers. She could say she is certainly not new to the culinary and hospitality industry."

Bristol Catering and Events, 93 Wilson Rd, Ashland, 970-443-8871

"Remote, On-Site, and Mobile Catering in Southern Oregon and Northern California."

PNW Local Delights, 111 Talent Ave., Talent, 541-435-0645

"Prepared and portioned for a healthy lifestyle and conveniently delivered to your home or work, PNW Local Delights is your source for fresh meals and other locally-made natural products from the Pacific Northwest."

Emily's Kitchen, 14553 OR-238, Jacksonville, 206-226-8385

"Chef Emily Moore, who is known for wondrous flavor combinations and beautiful, artful presentation, has received top awards from local and national food critics for her innovative New American Cuisine at her many restaurants in the Pacific Northwest, Sun Valley Idaho, and California, including the first four star restaurant review ever given by the Seattle Times. Her cuisine has received excellent reviews from Bon Appetit, Travel and Leisure, Travel Holiday, The San Francisco Chronicle, and The New York Times, among many other national and regional publications. Contact us today!"

Wine Country Catering, Eagle Point, 541-879-0646

"Affordable catering for parties & events servicing Jackson County. We cater breakfast, lunch, appetizers, & dinner. Catering for drop-off and full service events. Contact us to get a quote immediately! On Time Delivery. Always Reliable & On Time. Stellar Customer Service. Award Winning Caterer."

Miss Bugs Catering, Grants Pass, 541-218-4478

"Charcuterie boards and more!!!"

For Such a Time Productions, Josephine County, 541-916-6521

"From intimate dinner parties to large reunions, weddings, or corporate fundraisers, we specialize in helping you coordinate the perfect event. Our location here in beautiful Southern Oregon, gives us the privilege of working with amazing local vendors and a vast array of incredible venues. Share your vision with us and we will bring it to life!"

Boards En Fleur, LLC, Grants Pass, 541-659-6059

"Whatever you're celebrating, Boards En Fleur offers a wide variety of options for all your grazing needs. A fully certified, licensed, & insured business located in Southern Oregon."

OUT *and About*

REPERTORY SINGERS TO PERFORM HOLIDAY CONCERT, "AND THE STARS LOOKED DOWN," ON DECEMBER 17th AND 18th

Southern Oregon Repertory Singers will perform their holiday concert, "And the Stars Looked Down," on Saturday, December 17th at 7:30 pm and Sunday, December 18th at 3:00 pm in the SOU Music Recital Hall, 450 S. Mountain Avenue in Ashland.

The concert celebrates the beauty and joy of the season in performances of festive holiday cheer. The program includes art music, carols, and traditional holiday songs by well known composers, Ola Gjeilo, William Mathias, John Rutter, as well as beautiful music by a new generation of rising stars: Rebecca Dale, Andrej Makor, and Sarah Quartel.

Of special note is English composer Rebecca Dale's stunning setting of "In the Bleak Midwinter" for 16-voice choir a cappella; Slovakian composers Andrej Makor's haunting "O Emmanuel", and Stanley Hoffman's spirited Chanukah song, "Mi y'maleil."

Traditional holiday favorites such as "Jingle Bells," "Wassail Carol," "O Holy Night," and Jodi French's setting of the original tune to "Auld Lang Syne" combine to create a concert with something for everyone.

"The concert title, 'And the Stars Looked Down,' refers to always coming back to the hope at the heart of creativity and art," says Music Director, Dr. Paul French. In the preface to her lovely "Halcyon Days," Australian-American composer Melissa Dumphy writes that she had composed the piece "in hope that we can create our own Halcyon Days - a period of calm during winter storms - where we can reflect on what we have lost but rise up to face the new year with joy and grace."

"It is our hope that Repertory Singers' music brings you just that: beauty, hope and grace for the coming year," reflects Dr. French.

Ticket prices for "And the Stars Looked Down" range from \$42 to \$15. Students and Oregon Trail Cardholders tickets are \$5. Video replay tickets are available for \$10. Masks are required in the Recital Hall.

For tickets and information visit www.repsingers.org or call 541.552.0900.



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SEASONAL Splendor

My goodness! There were so many different people who sent in Halloween photos! I hope you'll all send in your Thanksgiving and Christmas pictures as well. Enjoy!

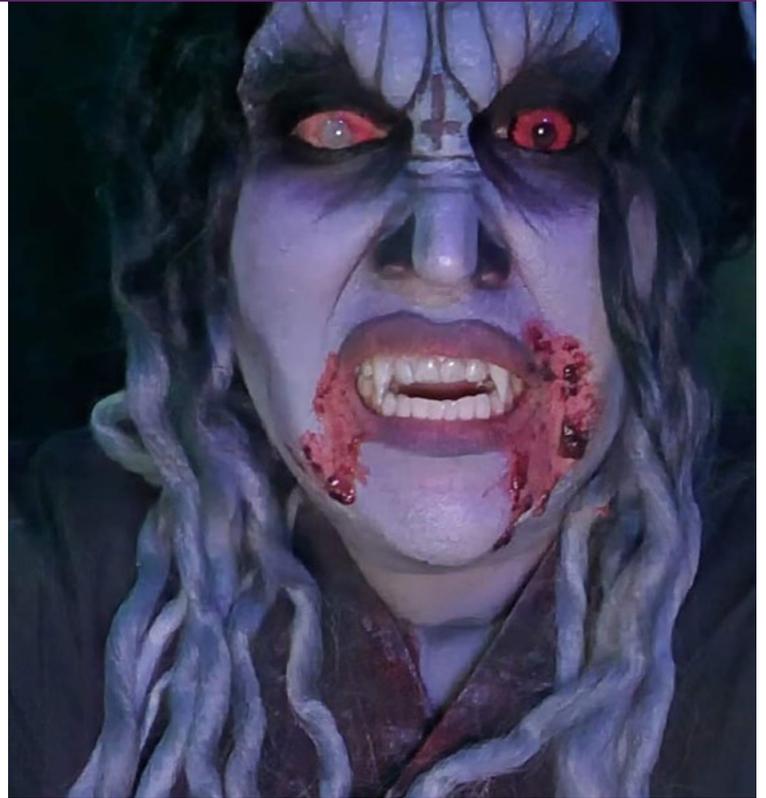
Halloween Trick or Treat - Central Point Chamber of Commerce - Submitted by Debbie Saxbury



Skye Selene in Rogue River



Michael and Lani McClure in Medford



Seen in Grants Pass



Venita Rushton - Central Point



The Reynolds family and friends from Sams Valley



The Williams family in Grants Pass



The Dent family party



Tabitha Marsh (R) and friends in Medford



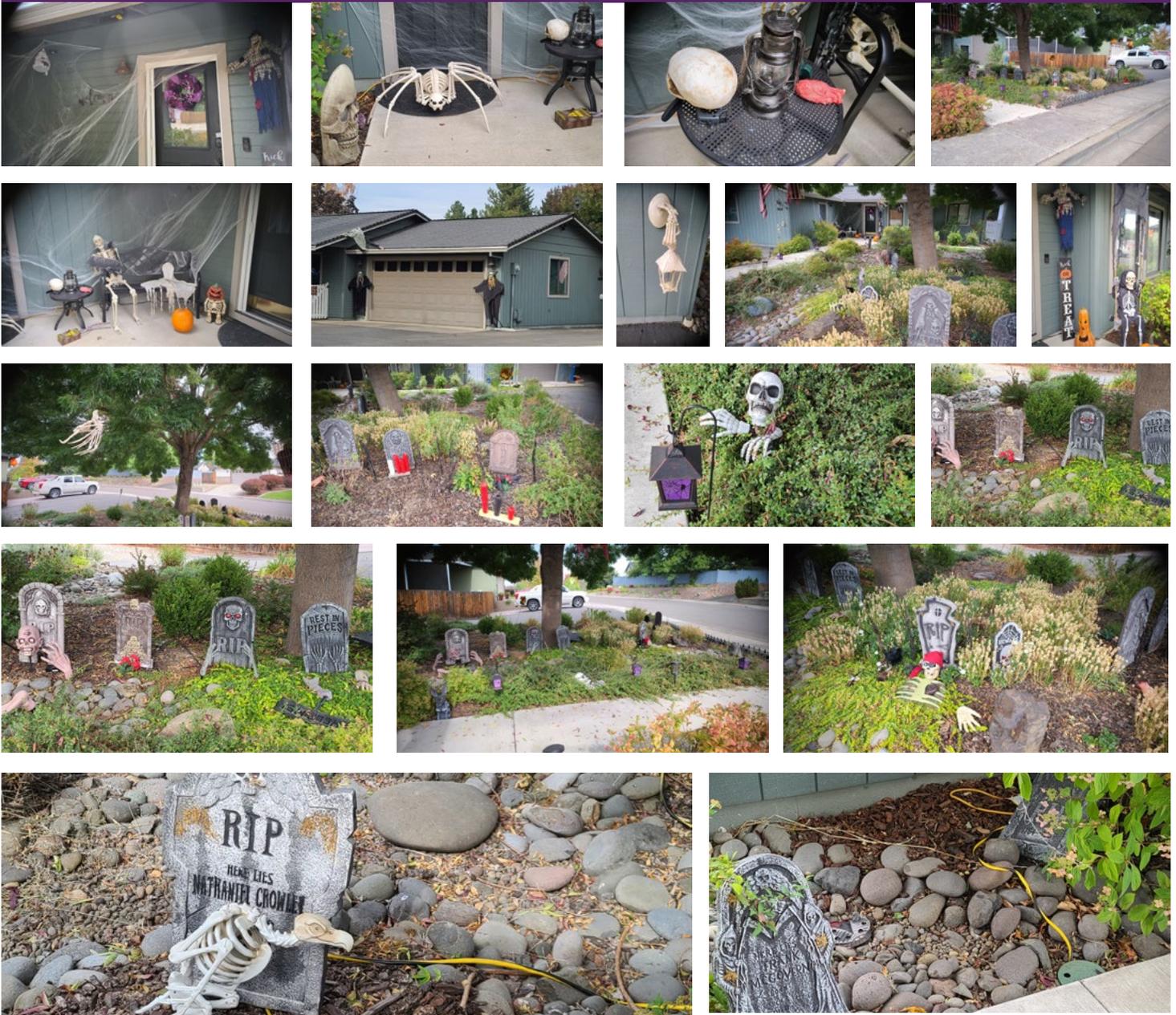
The Hiler family in Grants Pass



Greg and Heidi Unger in Medford



Seen in East Medford



YARD *of the Month*

This month, we bring you a fabulous yard that was the Ashland Garden Club's 'Garden of the Month' for June 2022. Owned by Lorraine Vail and Ed Smith at 780 Walker Street, it's a lush paradise of trees, shrubs, grasses, and flowers, with little surprises along its garden path.

Name: Lorraine Vail and Edward Smith

Town: Ashland

Who takes care of your yard? We do with the assistance of Solid Ground Landscaping for bi-annual fertilization, infrastructure maintenance/improvements.

If you take care of it, is it a hobby? Yes

How long did it take for your yard to get so beautiful? 10 years

What type of grass do you have? Ornamental grasses only – Blood grass, Hakonechloa Beni-Kaze and Hakonechloa Mac Aur, Ophiopogon Black and Green Mondo grass, liriope, feather grass.

What trees and shrubs do you have? Trees: Weeping redbuds, Crimson Queen Japanese Maple, Emperor Japanese Maple tree, White Flowering Dogwood, Orangeola Japanese Maple, Paperback Maple, Bonshoho Dwarf Pine, Black Pine, Cherry, Maple, Locust, Gumwood.

Shrubs: Pinus Koreiansis Blue Ball Dwarf shrub, Daphne Odora 'Mae Hima', azaleas, Rhododendron shrub, Bear's Breech, camelias, Lonicera N Lemon Beauty, Euphorbia Spurge Ascot Rainbow shrub Mahonia 'Soft Caress', Pieris, Bulbine Frutescens, Mugo pine

What flowers and/or plants are you growing? Coral Bells, Horny Goat Weed, Iberis S Whiteout, Spirea, roses, camelias, Kaffir Lily, Veronica Georgia Blue, clematis, Brunnera Jack Frost, ferns.

Do you have natural areas, water features, or trails? Many paths. One water bowl for the birds.

Lawn ornaments? Cast concrete Statuary. Rusted steel water feature and rusted steel sculpture.

Any special features?

1. Initially the garden was only partial and without gates. During the spring/summer of 2020, Ed, a talented woodworker, completed the fence, adding gates he designed and built. The gates are made of Port Orford Cedar and purchased from a family-owned mill in Myrtle Point, Oregon. With no more deer browsing, many new plants were added in late autumn.
2. A unique and charming feature of this Japanese-inspired garden is "The Garden Box," a display case beside the front gate for sharing photos, descriptions, and maybe even a garden-inspired haiku.

Your profession? Retired

Street name? Walker Avenue

How long have you lived in your neighborhood? 10 years

Notes:

Lorraine enrolled in an Osher Lifelong Learning Institute (OLLI) course at nearby Southern Oregon University, taught by professional landscape designer Fran Adams. After completing the course, OLLI members were given a complimentary consultation on their home garden from Adams and Seth Barnard of Solid Ground Landscape.

From that consultation the garden emerged and some months later, Solid Ground, working with our design, installed the hardscape and did the initial plantings. Solid Ground continues to consult on design and provides seasonal assistance although Ed and Lorraine take care of it day-to-day, averaging 10 hours a week.



Front door



Gate



Grasses



780 walker avenue - vail and smith



Back yard



Entrance



Fall



Patio closeup



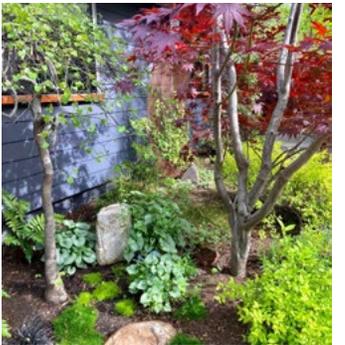
Purple



Leaves and rock



Fall 2



Maple tree



Side yard 2



Shrubs



Patio



Path



Side yard

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LOCAL COMMUNITY *Events*

December Events

<u>Date/Community</u>	<u>Name, Location & Time of Event</u>	
Ashland	Chamber of Commerce	541-482-3486
12/04/2022	Oregon Shakespeare Festival - White Christmas, 15 S. Pioneer St., 9:30pm	
12/09/2022	Ashland Winter Fine Arts Festival – Mt. Ave. Theatre, 5-8pm	
12/10/2022	Kid’s Night Out, Ashland YMCA, 540 YMCA Way, 12-5pm – Ages 4-12	
12/15/2022	Uniting for Ukraine Rogue Valley: Exclusive Concert with Alexander Tutunov, Havurah Synagogue, 185 North Mountain Avenue, 7:30-11pm	
12/17/2022	Rogue Family Holiday Market, Bellview Grange, 1050 Tolman Creek Rd., 11 am	
Phoenix/Talent	Chamber of Commerce	541-535-3837
12/1-31/2022	Matilda, Camelot Theatre, 101 Talent Ave., Talent . Call for times/tickets 541-535-5250	
12/04/2022	Wine & Brush, 205 N. Phoenix Rd, 2-4:30 pm, \$25 includes all supplies + 2 beverages	
12/21/2022	Longest Night Mile Walk or Run, Phoenix High School, 5pm	
Medford	Chamber of Commerce	541-779-4847
12/01-23/2022	Holiday Lights Trolley rides, lights in Medford, online tickets & times	
12/01-24/2022	Selfies with Santa, The Village at Medford Center, 2pm-5pm	
12/03/2022	A Chorale Christmas, Pear Blossom Park, 204 N. Bartlett St., 4 pm	
12/03-04/2022	Candy Cane Hunt – Pear Blossom Park, 204 N. Bartlett Sat -4:30pm, sun – 3pm	
12/08/2022	Throw and Tell – Speed Dating & Axe Throwing, 21+, 5681 Crater Lk Hwy, 6-9pm	
12/09/2022	Winter Solstice Evening, 2001 N. Keene Way, 6-7:30pm, \$10/girl, grades 4-8	
12/09/2022	RVL Free Adult Puppet Karaoke Show, Medford Library on Central, 7pm	
12/17/2022	Ugly Sweater 5K Walk/Jog, RCC/SOU Higher Education Center , 101 S. Bartlett Street, 9am-12pm. Signups: https://runsignup.com/Race/OR/Medford/	

Jacksonville Chamber of Commerce 541-899-811811/27+/2022 Father Christmas, Beekman Bank, 3rd St.

12/01+/2022 Victorian Christmas, downtown Jacksonville Oregon through Christmas

12/1-30/2022 Live Music at various wineries. Check calendar at jacksonvilleoregon.org/events/

12/3/2022 Victorian Christmas Parade, along California St., 10am

Central Point Chamber of Commerce 541-664-5301

12/02/2022 Christmas Show Case, Expo, 1 Peninger Rd., Central Point, 541-774-8270

12/03/2022 Christmas at the Farm, 5040 Upton Rd., Central Point, 10am

12/03/2022 Community Christmas, Parade starts at 5pm on Pine Street, Tree Lighting at 6

12-09-18/2022 The Nutcracker Ballet, Crater Performing Arts Center, 655 N. 3rd St, (541) 773-7272**Eagle Point Chamber of Commerce 541-944-6925**

12/3/2022 Eagle Point Community Tree Lighting and Santa's Arrival, Bob Moore Park, 7-8pm, Chili Feed at Eagle Point Lions Club, 6 pm, and 6:15 Caroling Concert at Church on the Hill

Rogue River Chamber of Commerce 541-582-0242

12/3/2022 Christmas Craft Fair at Rogue River community Center, 9am-3pm

12/16/2022 Christmas Lights & Tree Lighting Display, Teapot on Wheels, Gold Hill/Rogue River, 5-8pm

Call Chamber of Commerce for added events.

Grants Pass Chamber of Commerce 541-476-7717

11/29+/2022 Rogue Winterfest, Bear Hotel, 2101 N. Spaulding Ave., Grants Pass 12 am

12/03/2022 Downtown Tree Lighting, G Street, 7 pm

12/9/2022 Wreath Making, GP YMCA, 1000 Redwood Ave., 1-3pm

12/10/2022 Holiday Bazaar, Grants Pass High School, 9am-3pm

12/10/2022 Swap Meet, Poorboy Raceway & Hobbies, 1223 RR Hwy., 10am-2pm

12/10/2022 Tommy Emmanuel, CGP, Rogue Theatre, 143 SE "H" St., 8-11 pm, reserve in advance

12/17/2022 Introduction to the Wisdom of Numerology, Online Zoom, 11am-12pm. **Tickets**

Jackson and Josephine County are rich in theatre, music, museums and beautiful wineries. On almost any day of the week you can find live entertainment for your pleasure. It is wise to call ahead for a schedule.

LAWN AND *Garden*

How To Winterize Your Lawn And Garden

- By Geraldine Orentas , Lexie Pelchen

How to Winterize a Garden

The process to winterize your lawn and garden doesn't involve too much work, time or money. These simple steps can be done all within a day or two, and your lawn will be protected for the next season.



1. Prep the Soil

Before you start winterizing the lawn, test the pH levels of your soil. Neutral pH levels indicate a healthy lawn. Otherwise, your lawn can thin out during the winter. Acidic areas can be treated with lime products, and alkaline surfaces can be neutralized with a sulfur treatment. Doing this prep step will help ensure that the rest of the protection layers work accordingly.

2. Treat All Weeds

Because weeds compete for nutrients with the rest of your lawn, remove as many weeds as possible before the winter to safeguard your plants. Before mulching and fertilizing, clean up any plant debris, old stems and leaves that could become a breeding ground for lawn-damaging diseases and pests during the winter.

3. Use Winter Fertilizer

Winter fertilizers are specifically formulated for the winter season. They're formulated with higher potassium to help strengthen plants under climate stress. Use a spreader to apply the fertilizer evenly over the grass. A good winter lawn treatment will help keep turf strong and green through the fall and help your cool-season grasses reach their prime in the cooler months.

4. Consider Using Cool-Weather Grass Seed

If you live in a colder climate, spreading cool-weather grass seed can help foster new growth. Cool-season grasses like fescue, bluegrass and perennial ryegrass grow best when daytime temperatures are between 60 and 70 degrees Fahrenheit, which is why the fall season is the best time to spread it. Simultaneously, cool-weather grass seeds will benefit the most from winter fertilizer to survive the cold weather.

5. Cover Plant Beds

If you have any flower or vegetable beds on your lawn, it's essential to isolate the topsoil by adding mulch, planting a cover crop, or covering the bed with burlap. Wait to apply mulch on delicate plants until the days are averaging between 20 and 40 degrees Fahrenheit.

If needed, repot small plants and bring them indoors to survive the winter weather. But keep in mind, some bulbs might need cold weather to bloom in the spring, so they might be the ones that survive the cold days and thrive the following season.

6. Continue to Remove Debris

As you wait for the winter months and any possible snow, you should continue to remove debris to maintain your lawn's health. Debris removal is necessary to prevent dead grass, leaves and other items from creating a film that prevents water and fertilizer nutrients from reaching the roots of your plants.

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Email your Christmas decoration photos, and pictures of your yard, kids, pets, recipes, etc.

Editor@RogueValleyLivingMag.com



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A NEW APPROACH

ON COMMERCIAL LOANS

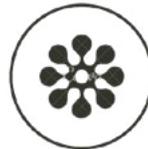
ABOUT US

We put the same effort into each and every loan. Before making commitments we take the time to understand your property and you as a borrower. All transactions are evaluated, underwritten in house and then shopped aggressively with multiple lenders. You are presented only the most competitive product in the market. With a combined 50+ years of experience in CRE and \$500M+ in loans funded, Bellevue Capital Group has the knowledge, connections and resources for all your commercial financing needs.



BENEFITS

- 150+ Lenders
- In-house underwriting
- Shopped simultaneously with multiple lenders
- Lowest interest rates and fees
- Extensive knowledge of lender processes
- Mitigate financial exposure
- CRE mortgage products only available through brokers



LOAN PROGRAMS

- Office/Retail/Mixed-Use
- Bridge
- Construction
- SBA
- Storage
- Business LOC/Equipment
- Hospitality
- Industrial/Warehouse
- Multi-Family/MHP
- Medical/Practice



PRIVATE EQUITY

- \$250k - \$25MM
- Flexible terms
- Close as soon as 7 days
- Creative solutions
- Competitive lending

CONTACT

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